

Centre for Integrative Medical Training  
In Association with London Integrated Medical Health Education



# Intermediate Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

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## Unit 40

**PRINCIPLES & PRACTICE SUPPLEMENT-** methodological studies for Week 8

# **The ‘Thematic Portfolio’ of the Salts** **vs.** **The ‘Single-mindedness’ of the Transitional Metals**

## **Preface to the P&P Reference Supplement for Unit 40 - *The Silver Series***

So far this semester you have studied the mineral themes associated with specific cations and anions. You have considered how these combine, or interact, homeopathically in the themes of their common salts.

Many of the substances studied so far have fundamental biological roles and the salts you have studied crop up frequently in practice.

### **Common Themes ↔ Common Salts (often with a definable biological role)**

The patients who seem to require these common salts derive their sense of identity from a ‘portfolio’ of qualities, skills and life priorities.

This spread of priorities for the salts contrasts with the focussed themes of the single element remedies.

## **Single Elements in Homeopathy**

In this section we are moving away from the ‘group analysis’ of the salts, to discuss the more specific themes associated with single elements.

This reference supplement covers the themes for the ‘Silver Series’.  
Of these, the row 5 transitional metals are the most important in practice.

You will find that patients who require a homeopathic remedy derived from these elements also have a ‘single-mindedness’ concerning: the source of their identity, their life aspirations and the sense of meaning that these aspirations bring to their life.

Patients who require single element remedies are generally driven by ‘purposiveness’ this provides a focus for their energies and often brings a strong sense of direction, in terms of the way they develop their role.

As you track the development of the silver series themes along row 5, try to envisage people you are familiar with, who follow a creative, artistic or performance-centred path in life.

# THE SILVER SERIES

These themes and remedy pictures are based on the ideas of Jan Scholten with additional material from Rajan Sankaran and Jayesh Shah.

## **1. ART**

The Silver Series is to do with 'the artist'- the artist in the widest sense, e.g. painters, writers, musicians, teachers, scientists, doctors, sportspeople, 'thinkers', etc. So patients may have issues in life to do with creativity, the arts and culture.

## **2. NEW**

Patients may have issues to do with anything 'New' - new ideas, new directions in life, starting out. The challenge of facing new things.

## **3. ATTENTION**

There can be a big issue with attention: desire for it or aversion to it. Strategies to attract or avoid it.

## **4. PERFORMANCE AND SHOW**

Performance, in some sense, is central to their life. They may want to be seen to be performing, to be on show. They can be ambitious and sensitive to humiliation and criticism.

Some of Jan Scholten's concepts for the Silver Series:

- **Creation Inspiration**
- **Ideas Culture**
- **Unique Admiration**
- **Aesthetics: Beautiful Ugly**
- **Art Science Mysticism**
- **Performance Show**
- **Ambition**

### ***Typical pathologies***

Headache - in forehead, temples, vertex.

Eye complaints - inflammations, visual disturbances.

Voice problems - hoarseness, loss of voice, stammering.

Lung complaints - asthma, bronchitis.

Problems with ovaries and testes and sexual organs in general.

Neck problems stiffness in extremities, pains in arms.

Pathology to do with the organs of creativity and expression.

## Stage One: Some stage one concepts:-

1

Alone,lonely: no structure of my own.  
Like an infant. Not developed enough. Desire to be carried.  
No resources, no confidence to be on their own.  
Instinctive,impulsive,naive,immature.  
Incapable  
Incapacity  
Dependent

### 1. Rubidium

Cannot deal with new things. Need for help from others to accomplish any new and unfamiliar tasks. Incredible fear to deal with strange and new things. They are intensely dependent on relations and feel very inadequate. They are merely fantasizing - their theories are not real, they have NOT YET BEGUN to create at all or are naively creative - impulsively showing ideas, creations or doing anything to be unique and noticed.

## Stage Two: Some stage two concepts:-

2

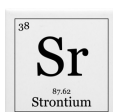
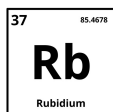
Needs SUPPORT.  
Shy,uncertain,finding a space.  
Feeling observed,criticized.  
Adapting,passive.  
Covering,protecting.  
A small structure like that of a child.  
Carrying a kind of a shell with you. Need for support in untoward situations.  
He is happy as long as he knows and is assured that he has a backup.

### 2. Strontium

They are uncertain about sharing their talents and their art.  
They have not begun because of fear of criticism.

This is the state of the teenager needing GUIDANCE and support. They are totally dependent on guidance and have no confidence to make it on their own. "I need to be supported, backed up. I am like a child." I need to hold on to someone." Dependent on the strong foundation of a parent-like figure. Insecure and indecision in face of adventure, new situations. Always influenced and GUIDED by elders, parents, mentor. want of inner guidance. Inability to budge, evaluate.

May want to guide others. At some point they may start playing the role of an over bearing parent and keep on rigorously guiding their children or students.



**Stage Three:** Some stage three concepts:-

3

Confusion  
Indecision.  
Many options overwhelm and bewilder him.  
Very jittery, insecure.  
Wavering, hesitation, unsure, doubts.  
Great instability.

### 3. Yttrium



Indecisiveness is the key to this stage - they are unsure of themselves. They are exploring their creative abilities. They cannot decide WHAT TO DO - for example, do they want to be a musician or a sportsman or an opera singer? "Can I go into something new, can I learn, can I create?"

Yttrium Main sensation:  
"I am not grounded, not founded.  
Without a foundation, I feel totally wobbly."

Ground feels slippery, shaky. There is sensation of imbalance. Desire to be grounded. Fear of sliding and falling. establishment.

No foundation. Not rooted. Not grounded.

**Stage Four:** Some stage four concepts:

4

Establishing  
Official  
Deciding  
Commencing  
Beginning  
Inadequate  
Incapable

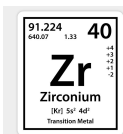
### 4. Zirconium

At this point they have finally started to create. The anxiety at this stage is not what to do, but whether they can do it or not, now that they have finally decided what to do. And also will they do it better than others. But the problems come AS SOON AS THEY START to express themselves - they collapse into self-doubt. They are starting to show their creations, but only just.

"I know clearly what kind of structure I am heading for. I am in the process of laying the foundation for my structure. The job at hand is a long and tough one."

Founded, laying the foundation.

This is the stage where the structure gets founded and established in the mind.

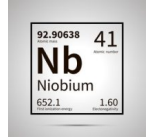


## Stage Five: Some Stage Five concepts:-

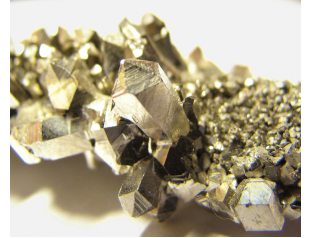
5

Preparation  
Proposal  
Preliminary  
Unsure  
Postpone  
Doubt  
Alternate  
Practice

### 5. Niobium



From this stage on there has been creation but there is still a long way to go before perfection. The key at this stage is that they plan and create a lot, but their creations are UNFINISHED. The main energy goes into consolidating and maintaining the creation: eg. already has an established show-room, shop factory, clinic, studio, or a name for himself.



Now they are planning the first steps in expansion. The insecurity is expressed as lack of confidence and tensions about newer expansion activities. There is a constant sensation of being incomplete and having an incomplete structure. Alternating between going ahead into something new and then doubting and coming back.

#### Keywords:

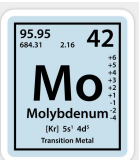
Growth, expansion, spreading, doing more, furthering, diversifying, advancing.

## Stage Six: Some stage six concepts:-

6

Challenge  
Daring  
Proving  
Forcing  
Unavoidable  
Take a risk  
Take a chance

### 6. Molybdenum



This is the point of no return - they have taken up the heavy task of performing, but there is great fear of criticism. From this stage onwards there is some air of mastery, because they have reached the platform of performance. The key at this level is that they need to be PUSHED. Unless they are taken to the point of performance they cannot do it on their own. They need to be taken to the sports game, or taken to the stage and then they can perform well, but unless they are told to they will not do it on their own. They do not volunteer because of fear of being laughed at. This is the stage of proving that they can share their ideas. They feel like they are being "thrown to the lions" before their performance, so they need a lot of pushing. "I have to prove that my structure is viable, that it works - any how, some how, now, I must do it." Solve the problem. Find the solution. GREAT DESIRE TO PROVE A POINT. "Have to PROVE that my ideas, art, my formulations, calculations are valid."

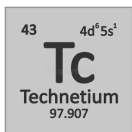


## Stage Seven: Some Stage Seven concepts:-

7

Adding to  
Reinforce  
Fortify  
Compliments  
Fine tuning, Feedback  
Refine  
Enhance  
Polish  
Upgrade  
Technique  
Teaching Learning  
Cooperation Helping

### 7. Technetium



Keen on exhibiting and showing their work and to get feedback. Like to share information, cooperate, get people working together, in a team. Take other peoples ideas and expand them, add to them. "How much more can I do? How much further can I go?" Feel comfortable when they have plenty of technical knowledge.



The key at this stage is concentration on TECHNIQUE.

The possible weakness is that they can become TOO technical and get lost in it. There can be a lack of true spirit of performance because there is too much attention to the detail being technically perfect, doing things according to the book.

They study technique a lot, but they lack the true spirit of the player, it is not instinctive. Not necessarily a fluent communicator.

#### **Keywords:**

Refinement  
Reinforcement  
Perfecting  
Enhancing  
Polishing  
Sharpening  
Getting it as right as possible.

## *Stage Eight:* Some Stage Eight concepts:-

8

Perseverance  
Endurance  
Stamina  
Determination  
Carrying on  
Forcing  
Tough Strong  
Push  
Heavy Pressure  
Resistance Opposition

### **8. Ruthenium**

44

**Ru**

101.7

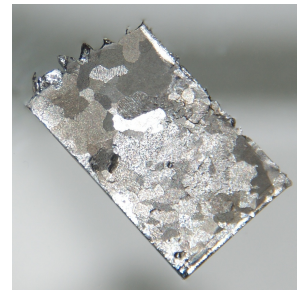
At this stage is there is the feeling of a very heavy task to perform when presenting their ideas. They are very independent and resilient when they do it. The feeling of force and pressure - forcing ideas on to others, convincing them about them. Also the pressure of the creative process: the feeling of a lot of PRESSURE TO PERFORM.

Because of all this pressure they can collapse into a worn-out and apathetic state. Key issue here is the STRENGTH of the structure. Strength to withstand all opposition.

Fighter's spirit. Strong determination. Strong willed. "Strength of my structure is under a rigorous stress test." Can take a lot of pressure. Their self worth depends on how much pressure they can take. Really tough characters who are relentless and hard in their work and approach.

#### **Keywords:**

Pressure, opposed  
Force.  
Resistance.  
Perseverance, endurance, pertinacity.  
Hard, focused, tough, high stamina  
Strong will power.



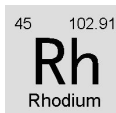
## *Stage Nine:* Some Stage Nine concepts:-

9

Getting ready  
Presentation  
Finishing touches  
Success in sight  
Test  
Blunder  
What if I fail?  
It should be perfect  
Not quite  
Canceling



## 9. Rhodium



At this stage they are just preparing for the final step. There is a feeling of one more thing to be done before they are perfect and they get stuck in this feeling and can end up feeling SECOND-BEST. The key issue here is sophistication. The ultimate perfection. "Is my creation complete? Is it perfect?," The final luxury. Dream about to come true. Work out the final touches before it is acknowledged as a great discovery, great success story.

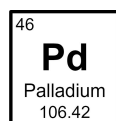


**Stage Ten:** Some Stage Ten concepts:-

# 10

Summit Centre  
High Pinnacle  
Success Shining  
Self evident  
Independent Noble  
Self assured Haughty  
Balance  
Rigidity  
Feeling poised, balanced, self-assured, comfortable.  
Success comes naturally - as a matter of course.

## 10. Palladium



At this stage they are at the height of their career and basking in the bliss of achievement and pride. The problem is that they want to have complete appreciation of their success, and therefore are very sensitive to feeling humiliated or neglected if they do not receive the flattery they desire.

They have a feeling that the FIRST RANK belongs to them. "I have a proud structure. My structure is really beautiful, complete, artistic, glittering, fully operational, safe and sound. Strong and well functioning structure." Need to be in the lime-light. Need to be glittering and appreciated. Need to be the centre of attention. Being higher than all the rest. Looking down at others. Superior. Aristocratic.



## Stage Eleven

# 11

From the Eleventh stage onwards there can be a feeling of threat, of possibly losing something, of things being destroyed, taken away. A feeling of decline.

Some stage eleven concepts:-

Holding on  
Maintaining  
Possessions Wealth  
Privileged  
Keep up  
Performance  
Ordeal

## 11. Argentum



The feeling in Argentum is having to push hard to keep up the level of performance. He has done it before, and now he must do it again. He has to MAINTAIN THE HIGH STANDARD he has set for himself. From this stage onwards there is a feeling of slipping away from the position. A feeling of not being able to handle things anymore. Of losing their position. There is a fear of the ordeal, and an anxiety when things are happening fast. A fear of being unable to achieve the target.



Argentum is losing control of position or performance, e.g. does not know if their voice will fail on stage, or muscles give way. Performance is tested. New artists and other new talents pose a threat to their supremacy in the field. Great anticipation and "on their toes" kind of a feeling. Fear of losing their capabilities and abilities.

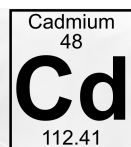
Fear of losing their reputation as a top performer. Yet they have a very royal, complete and beautiful structure. Maintain this structure and making sure that it lasts takes a lot of on-going practice and work. Holding on to the talent, success, fame, dignity is stressful. Yet enjoying a very good name fame and success. Fear of failure very intense. Fear of falling from high places. Not as haughty as Palladium.

*Stage Twelve:* Some stage twelve concepts:-

# 12

Pollution  
Decay  
Threat Attacks  
Enemies  
Alert Vigil Constant watch  
Overshooting  
Exaggerating  
Repeating  
(At stage twelve the outside world starts to pose a significant threat.)

## 12. Cadmium



A feeling that he has JUST MISSED IT. Was about to get it, but never did, and now has to try again. A feeling of overdoing things and repeating things. Structure in crisis. Failing in capacity to hold the structure. Structure shows signs of falling apart in the face of a daunting task. Overshooting ambition and falling just short of capacity. Exaggerated success or overshooting the mark. Doing things a little beyond your capacities and capabilities. Structure under a threat of failure. Feeling of deficiencies.



Finding yourself not talented or resourceful enough to keep the structure viable. Ideas that are overshooting the mark. Overdoing art: artificial. Overdoing art: over-dramatic. Overdoing culture: know-all. Repeating art: reproductions. Repeating art: forgeries. Repeating science: copying research. Pollution of the arts. Enemies of culture: barbaric. Decay of the arts.

## Stage Thirteen: Some stage thirteen concepts

**13** Falling behind  
Out of date  
Outgrown  
Nostalgia  
Loss of faith  
Giving up  
Withdrawal

### 13. Indium

Indium 49 <b>In</b> 114.82
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HOLDING ON to what you have done in the past. A feeling of being outgrown and outdated. Holding on to old, dogmatic ideas which cause a decline. Feelings of nostalgia. Secretive and suspicious. Beginning to give up. Structure not as relevant. Coping with redundancy. Downsize / close down operations. Semi-retired. Structure is shrinking. "My ideas and my creativity are no longer in fashion. I do not have the acumen and ability to deal with these new & complicated systems." Feelings of sexual inadequacy.

Desperate efforts to keep his sexual function. "New way of practicing homeopathy is beyond my capability. Old methods seem ineffective." Difficult to cope with loss of relevance and loss of position. Talking about the successful days in the past keeps the ego going.



## Stage Fourteen: Some stage fourteen concepts:-

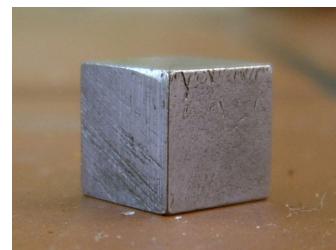
**14** Empty  
Shell  
Failure  
Loss  
Destruction  
Damage  
Formality

### 14. Stannum

Tin 50 <b>Sn</b> 118.71
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Totally down. An empty shell. Illness from reversal of fortune. HER POSITION HAS GONE. They have gone from riches to rags. Rubric: "Begging, entreating in sleep". A hoarse voice which cannot be heard. A remedy for paralysis of the vocal chords.

"My structure is weak & empty." Sensation of approaching handicap, invalidity. Another expression is of feeling soft and mild. Cannot really assert - asserting causes a fear of losing. Weak, drained, paralytic weakness. Slow insidious and progressive weakness. Unable to move. 'Miserable & discouraged. Taciturn and dislike to society. Very sensitive to what others say."



## Stage Fifteen: Some stage fifteen concepts:

# 15

Eroding  
Damaging  
Corroding  
Dying  
Surrender

### 15. Antimony

The idealist.

The Antimony child demonstrates the other side of the Silver Series story: all the need for appreciation is at the opposite pole, there is intense AVERSION TO ATTENTION and being looked at. The Antimony child clings to the mother and shuns any other attention to him.



Loss of capacity and ability. Just cannot perform.

A chronic non-performer, yet believes himself to be a performer. Living on nostalgic memories which are now a part of history. Memories of childhood success when they received awards as a child. Unable to get on further and accept the loss of relevance.

Symptoms of collapsed structure in Antimonium Tart :

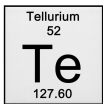
Phatak

"Want of reaction, becomes sleepy. mucus rattles in the chest, increasing weakness with sweat. Apathy or easily annoyed; wants to be let alone. Despairs of his recovery. Clings to attendants. Consciousness wanes on closing eyes. Melancholic."

## *Stage Sixteen:* Some stage sixteen concepts:-

**16** Lost  
Used up  
No capacity  
Incapable  
Neglect  
Lazy  
Rotting  
Imagination  
Fantasy

### **16.Tellurium**



Fears approach of others. REPEL ATTENTION. Hypersensitive with violent anger. At this stage of the decline there is a strong aversion to attention and appreciation.

They fear being touched in sensitive places physically, and as well as the repellent mood, there are repellent physical symptoms: "fish brine" odour of discharges and offensive sweat.

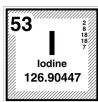
Old, dilapidated, broken structure. Complete loss of potency and capacity to do something new or create. Prematurely old. Hopeless.



## *Stage Seventeen:* Some stage seventeen concepts

**17** Betrayal  
Let down  
Disappointed  
Stabbed in the back  
Trapped Confined  
Free Break free  
Escape  
Condemned  
Banned  
Impulse  
Starved  
Letting go  
Holding on

## 17. Iodine



The final stages of decline. LETTING GO OF IDEAS. Hurry: want to express all their ideas at once. Repelling society by being anti-social, even violent or a criminal. Destructiveness. Very averse to attention. Totally alone and unguided in a new and dangerous situation. Betrayed, stabbed in the back. No one to depend on. A desperate failure. Syphilitic remedy. Suicide and homicide. All alone. Betrayed, let down. Deprived. Anger & destruction. Burnt out.

Rubrics:

Company, aversion to, of intimate friends.

Anger, when touched.

Emaciation: old people.

Old: age, premature

Old: people, complaints in. Dementia: old people, in.

ANSWER, ANSWERING, ANSWERS: HARDLY. {O> 1> O}

ANXIETY: COMPANY: SHUNS, EVEN HIS DOCTOR. {O> 1> O}

Aversion: approached, of being. {O> 2> 12}

Aversion: family members, to. {7> 19> O} [137]

Aversion: herself, to. {O> 16> O}

Company: aversion to, agg. {11> 44> 166}

Kill, desire to. {2> 11> 42} [54]

Kill, desire to: child, her own. {1> 6> O} [58]

Kill, desire to: sudden impulse to. {6> 16> O}

Kill, desire to: sudden impulse to: herself.



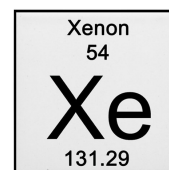
When we think of 5<sup>th</sup> series as a series of beauty, creation, art, appearance, dignity, etc., Iodine has the worst of this: Dreams of smeared with excretal Something beautiful has finally ended in something disgusting.

**Stage Eighteen:** Some stage eighteen concepts:-

**18** Rest  
Inactivity  
Cocoon  
Transformation  
Locked up  
Denial  
Free Unbound

## 18. Xenon

One of the Noble Gases. CALM AND REST AFTER BEING THE ARTIST. Not bound to any ideas. Free from creativity. Not affected by anything going on around him. Coma, narcosis.





## STRONTIUM CARBONICUM

### 1. Keynotes: (Frans Vermeulen)

Aversion to DARKNESS. Better light.

CHILLY. Great sensitiveness to cold in general and to DRAFTS of air.

FLEETING pains; seemingly in bones. Pains increase and decrease gradually.

Worse MENOPAUSE. Profuse PERSPIRATION at night. FLUSHES of heat; in face [and pulsation of carotids]; during climacteric.

BONE affections [particularly FEMUR], especially of scrophulous children, and diarrhoea.

Sprained or puffed ankles. Swelling of ankle remaining after a SPRAIN.  
WEAKNESS of ANKLES. Chronic sprains.

Worse WALKING [headache; congestion; leucorrhoea; dyspnoea; pressure in sternum].

Elevation of blood pressure. Arteriosclerosis. Threatened apoplexy.

### 2. Rajan Sankaran's Proving

Main Themes:

- 1) Desire for company, especially friends. Feeling he needs the faith of his friends and he must not break this faith. Feeling unwanted by friends, cheated by friends and desire for one faithful friend. Feeling he can understand his friends' problems, and is always in contact with a friend in trouble.
- 2) Desire for guidance from professors, learned persons, gurus. Feels he has some support behind him. Praying to God to help her in crisis.
- 3) Fears: Dark  
Future, profession.  
Being alone.  
Someone behind her, following her. Of being harmed.  
Competition, anticipatory. Drowning.  
Operation.  
Snakes.  
Happen, something will.
- 4) Refusing to join in a new game from want of confidence.
- 5) Death of father.

- 6) Strange place. Strange people. Strange feeling. Strange happenings.
- 7) Irritability  
Suppressed.  
From contradiction..  
From friends being selfish.
- 8) Wanting to enjoy themselves, watch movies, visit different places, spend money
- 9) Dance competition.  
New game. New profession. Examinations. Learning to cook.



# ARGENTUM METALLICUM

## 1. Keynotes: (Frans Vermeulen)

Chilly, anxious, nervous, though reserved and closed.  
Health, anxious about and Nervous

However RESERVED in expression and attitude. "Trying to compensate for their lack of self-confidence with refined manners. Seem soft and yielding, but there is a dictatorial side underneath which is only expressed at home" [Scholten].

Similar to Arg-n.: fear of high places, fear of narrow places, fear of crowds, anticipation, desire sweets. BUT: more reserved, far less impulsive, a kind of restrained haughtiness, and chilliness [Scholten].

Nervous and broken down; suffer from loss of muscular power and trembling. Pains and polyuria.

PAINS INCREASE GRADUALLY AND CEASE SUDDENLY.

"ELECTRIC" SHOCKS on FALLING ASLEEP; during sleep [2].  
THICK secretions; THICKENING of CARTILAGE, tarsi [blepharitis], etc.

CHILLY persons, yet worse exposure to SUN.

Worse NOON.

Tense, tight, stiff sensation.

CARTILAGE PROBLEMS: inflammation; swelling; sensitiveness; sore pain.

Worse Descending [2].

TREMBLING morning [2], morning on waking [2].

Weakness from pain [2].

HOARSENESS of professional SINGERS, public SPEAKERS; worse talking, singing, reading aloud; total loss of voice; alternation in timbre of voice.

GRAY or tenacious MUCUS.

Right-sided headaches, better tight bandaging.

Pain in RIGHT testicle [crushed, sore]; affinity for the RIGHT testicle.

Prolapsus uteri and pain in LEFT ovary; ovarian cysts and tumours; affinity for LEFT ovary.

Polyuria and swelling of the ankles.

## 2. Modalities:

Worse: Using voice. Mental strain. Speaking, singing. Noon. Cold damp. 3 to six PM Touch, pressure. Riding in carriage. Lying on back. Sitting. Stooping. Entering warm room. Sun.

Better: Motion. Coffee. Wrapping up. Open air. At night when lying down.

## 3. Rajan Sankaran:

"The metals of the Silver Series are concerned with show. Silver is a showy metal, a shiny metal, a showpiece of human society. A good orator is called silver-tongued. Funnily enough *Argentum metallicum* has the symptom: "Tongue has a silver coating". It is said "Silence is golden, speech is silver". There is a strong intellectual component in *Argentum metallicum*. Kent says it singles out mainly the intellectual faculty, it scarcely affects the emotion.

The *Argentum metallicum* situation is one where the person has to perform intellectually and express himself through speech, singing, writing, etc., and also has to defend himself by intellect, speech and words. In *Argentum metallicum* one of the most important symptoms is aggravation from using voice, aggravation from speaking, singing, mental exertion.

He sees himself as a weak person internally who will be attacked and finished unless he defends himself strongly, often intellectually. [Metals have to do with Attack and Defence.]

The situational *Materia Medica* of *Argentum metallicum* could be that he has been forced by his parents to perform, to be a performer, to demonstrate his intellect, his skill, his talents, his brain power. The parent expects the child to show the world how talented he is and the child feels this as the condition for acceptance by his parents. Given this kind of expectation, the person tries his best - talks, sings, preaches. But at a point, he cannot do it any longer and collapses: the voice is lost, power is gone, he can't live up to the expectation any longer. So he alternates (like *Aurum* alternates between "I am highly moral" and "I am highly immoral and have sinned away the day of grace") between "I am a high performer" and "I am not good enough, I can't perform anymore, I am useless". Either his intellect is highly developed or he can't remember, is confused, has loss of mental power. Everything in *Argentum metallicum* is about mental power. The child is expected to have high mental power and to demonstrate it, show it, express it. Constant need to show by using his mental power, and by speech.

When he feels forced to perform, there is both anger and fright; it shares this with *Argentum nitricum* which has anxiety before performance. In anger there is rage and when provoked he can react with striking; it has the symptoms cough from anger or jerking from anger. He can go out of control, he loses his balance and control. Slowly, over time, the mind and body give up the struggle and go into deep-seated degeneration. He develops vocal cord nodules, and can hardly sing or speak. His cartilages and condyles become thick and so he cannot move freely; the limbs feel powerless, become tired and weak, emaciated, he loses his mental power and becomes almost insane. The organs that

he requires for performance and show are the ones chiefly affected. Writer's cramps is also an expression of an ailing Argentum metallicum. In this failed state, he has no control over his mind, voice or movement.

Argentum metallicum make good public speakers, clergymen, preachers -persons who lecture using logic and intellect, rather than what they really felt or experienced. Musicians, singers, writers, novelists are also required to do the same, use their intellect and show off their talent of expression or expertise.

There are two opposite sides in Argentum metallicum. On the one hand you have great inclination to talk, his mind is very clear and he argues with facility is inclined to laughter and loquacity, and on the other hand you have the opposite: "In society is indisposed to talk". Also you have the symptom: "Paralytic weakness", or "Much inclined to move, feels as if she had more power".

Argentum metallicum bears a close resemblance to Palladium, they both have showiness and longing for the good opinion of others.

As an observation, I have seen that Argentum metallicum either has great love for gold or total contempt for it, sometimes referring to it disparagingly as the "Yellow Metal".

**Physical symptoms:**

- Electric shocks.
- Convulsions.
- Cramps.

**Rubrics:**

- Loquacity.
- Loquacity: changing quickly from one subject to the other.
- Ideas, abundant, clearness of mind.
- Talk, indisposed to, desire to be silent, taciturn.
- Exertion, from mental, aggravates.
- Prostration of mind.
- Work, mental, impossible."

# PALLADIUM

## 1. Keynotes: (Frans Vermeulen)

LOVES PRAISE; longing for the GOOD OPINION of OTHERS. Keeps up brightly in COMPANY; exhausted afterwards. Easily offended; easy prey to slights, real or imaginary. FANCIES being NEGLECTED. EGOTISM. Wants to be the CENTRE of INTEREST. Compulsive desire to catch the fancy of other people. Convinced of own attractiveness [haughty]. VANITY. Pays much attention to outward appearance. Great problems with getting older. May be narcissistic.

RIGHT SIDE [face, temple, eye, abdomen, ovary, hip].

Tendency to uterine and ovarian disorders.

RIGHT ovary - pain better company [2], better flexing thigh [2], better lying on left side [2/1], worse after menses [2], worse motion [2], better pressure [1], better rubbing [1], worse standing [1], extending down limb [2].

Fleeting pains.

## 2. MODALITIES:

Worse: Emotions; lively; chagrin. Social functions. Standing. Exertion.

Better: Touch. Pressure. Rubbing. After sleep. After stools.

## 3. CHARACTERISTIC RUBRICS:

Rubrics:

- Flattery, desires.
- Longing for good opinion of others.
- Delusion, she is not appreciated.
- Delusion, forsaken.
- Haughty, wounded, wishes to be flattered.
- Delusion, insulted, he is.
- Delusion, neglected, he is.
- Delusion, tall, walking, had grown, while.
- Obstinate, amiable, tries to appear.
- Offended, easily.

## 4. Rajan Sankaran:

The main feeling in Palladium is that if she does not earn the good opinion of others, she will be neglected and forsaken. These persons lay a great emphasis on what other persons think of them, and so they always try to get good opinion of others. If they do not succeed in this, they feel insulted ("Delusion, appreciated, he is not"), and neglected. "Delusion, neglected, he is" is a very strong feature of Palladium and it reminds one of the Argentum nitricum feeling: "Delusion, despised, he is" or "Forsaken feeling, sensation of isolation". Palladium persons feel that if they do not do well enough, they will be neglected, they will not be wanted, and so this deserted, forsaken feeling

becomes strong. They therefore always need to do something in order to win the appreciation of other people. On seeing a Palladium patient one is inclined to think: "What a nice person she is, how good she looks, how nicely she talks, how well she manages, how well she works..."

Palladium people sit with an air of authority, yet there is niceness even in this. They are strong-willed, yet appear friendly ("Obstinate, tries to appear amiable"). They can be quite egoistic, although they do not show it so directly.

## STANNUM METALLICUM

1.      Keynotes: (Frans Vermeulen)

Anxiety and SADNESS before MENSES, better flow.

Worse WEeping. "Feel like crying all the time, but crying makes them worse." Chilly.

Worse DAYTIME.

EXTREME WEAKNESS - too tired to talk.

WEAKNESS especially in CHEST; in throat, stomach, upper arms and thighs; drops into a chair; trembles on moving [Boger].

PROFUSE, muco - purulent, secretions. Easy expectoration.

Nocturnal perspiration, especially after four AM

Pains INCREASE and DECREASE GRADUALLY.

Better RAPID motion; walking FAST.

Better BENDING DOUBLE [cramps, spasms].

Better DURING menses [2].

Worse physical exertion [3].

Worse lying on SIDE [3]. Better lying on ABDOMEN [2].

PRESSIVE pains.

HOLLOW sensation [especially chest; stomach].

Strong odour of body during menses.

Tubercular diathesis.

Prolapse of vagina or uterus worse stool.

Burning palms and soles.

Nausea and vomiting from smell of food. Acute sense of smell during pregnancy (1/1).

Cough worse lying on RIGHT side.

## **2. Modalities:**

Worse: Using voice. Cold. 10 AM. Lying on right side. After gentle motion. MOTION. Warm drinks. During stool. Descending. Ascending. Touch. Laughing, talking, singing.

Better: Hard pressure over an edge. Coughing; expectoration. Rapid motion. Lying across something hard. Bending double. Lying on back.

## **3. Rajan Sankaran:**

"Stannum is very sensitive to what others say about her and on the other hand we have taciturnity and dislike to society. In Stannum we have on the one hand the rubrics; "Activity fruitless desire for" "Busy fruitlessly" which shows that he needs to keep moving, he needs to be busy and he needs to be occupied, while on the other we have "Business aversion to" and "extreme weakness" so that the patient is unable even to talk. Stann. also has the symptom "worse from using the voice" just like Arg-met. So we can understand that Stann. is the performer especially in business, in talking, in moving, in activity and he also has to be very conscious of his reputation with other people.

## **4. Vermeulen's Materia Medica:**

Discouraged. Dread of seeing people. Child wants to be carried across shoulders. Very sensitive as to what others say about her.

Taciturn and dislike of company. Hopeless, despondent. Forgetful and absent-minded. Can't answer questions from weakness. Thinking makes her feel wretched.

Begging in sleep.

Aversion to certain persons. Discontented with everything. Fear in a crowd; of men; during pregnancy. Hatred of men. Suspicious. [11] Visions by day of fancied things.