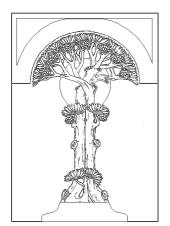
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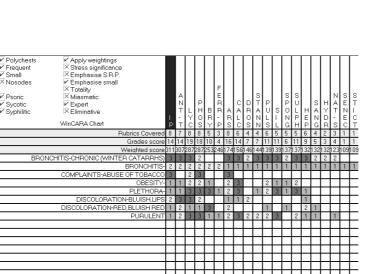
Intermediate Course in Medical Homeopathy

A Modular Course in Homeopathic Medicine for Healthcare Professionals

Unit 34 Therapeutic Pointers

Chronic Obstructive Airways Disease

Some of the remedies, already mentioned in the earlier sections on the therapeutics of the Respiratory Tract, are also important in the treatment of chronic obstructive airways disease. Study the materia medica summaries that follow and familiarise yourself with the respiratory symptoms and general modalities of the remedies listed.



Nosodes

Patients with Chronic Obstructive Pulmonary Disease often require homeopathic nosodes.

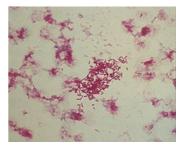
This is because the respiratory and bowel flora is usually quite unhealthy in these patients after cycles of extensive treatment.

One of the consequences of frequent antibiotic treatment is the evolution of a mixed pathological respiratory flora, often comprising multi-resistant strains and the relative overgrowth of coccal groups.

Epithelial swelling and entrapment of secretions can lead to superinfection and as time goes on and the pathology progresses the lower oxygen tension in the retained secretions and epithelial debris can promote the growth of more destructive anaerobic bacilli.

The bacillary (bowel) nosode *Morgan pure* has been found helpful where there are symptoms of both gut and airways dysbiosis after infection, antibiotics (or both). Typically there are inflammatory symptoms and congestive symptoms, associated with chronic cough, low mood, sweats and plethora in these presentations. Constitutionally the patients have some correspondence to Sulphur and Carbon groups.

In contrast, the nosode *Sycotic co* is less likely to have plethora, purulent expectoration, or toxicity. It too can be indicated after antibiotic treatment, when there is ongoing cough and catarrah.



Morganella morganii

Natrum sulphuricum

'Hydrogenoid' constitution

Disturbances of water balance and aggravations in humid environments Head injuries

Tissue Affinity

Almost all tissues, but pathology most often expressed in, liver, gastro-intestinal tract, respiratory organs, and the central nervous system

Mentals

Objective and reasoned Emotionally controlled Mental changes following head injuries Tend to become morose and taciturn Sensitive and emotionally moved by music, May fear music because it reveals emotional vulnerability

Locals

Yellow diarrhoea Cough and expectoration of ropy green purulent sputum

Generals

Worse in damp weather Aggravated by night air Worse lying on the left side Better in open air, warm dry air Respiratory symptoms aggravated 3-4 am

Clinical Indications

Asthma (especially childhood asthma) and bronchitis worse in damp weather Head injuries Spinal meningitis Raised intracranial pressure from injury, surgery or infection Catarrhal conditions of ENT and respiratory mucosae



Now watch this short presentation on Natrum sulph. by Dr Todd Rowe

https://youtu.be/Son58gzPYLI



Further Relevant Reading

Read the following three articles, relevant to *Natrum sulphuricum*.

Barthel H Characteristics of Natrum sulphuricum Ger J Homeopath 1989;1(2):79-80

Ungren-Sternberg M Knowledge through Kent insights Natrum sulfuricum Ger J Homeopath 1989;1(2):73-7

Grandgeorge D Natrum sulfuricum enfant Cah Group Hahnemann Doct P Schmidt 1988;25(3):102-9

SAQ 34.1



Without looking at the text, how many of the keynotes of *Natrum sulphuricum* can you remember?



Mind



General, environmental and constitutional features



Local



Frequent pathological indications

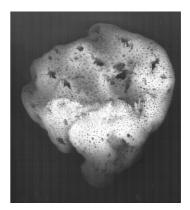
Now read *Natrum sulphuricum* in your *materia medica*:

Page 693 Vermeulen Page 571 Clarke Page 466 Boericke (2nd British ed) Page 677 Neatby and Stronham Page 423 Phatak Page 275 Jouanny

Spongia (Sea sponge)

Cardiac asthma Cor pulmonale Chronic cardio-respiratory conditions

Tissue Affinity Airways Pulmonary vasulature Endocrine / ductless glands Mucous membranes Heart valves



Mentals

Anxiety and fear of death and suffocation Moods alternating between extremes of mirth and despondency Fear of heart disease

Locals

Dyspnoea, feeling of a plug in the larynx, panting Cough ameliorated by eating or drinking (warm drinks >) Chronic cough of organic heart disease Bronchial catarrh and wheezing, and copious expectoration Cough and bronchospasm aggravated by cold air Orthopnoea

Generals

Flushes of heat during cardiac pain Paroxysms of heat and weakness Suffocative episodes at night, waking in fear with cold clammy perspiration on limbs Worse in cold dry wind Worse when roused from sleep, or after sleep Worse from exertion Worse lying with the head low Dyspnoea better for bending forward

Clinical Indications

Cardiac asthma Cardio-respiratory failure secondary to pulmonary hypertension or valvular disease Croup Respiratory debility Respiratory capacity reduced by inflammation, bronchospasm and loss of compliance



Now watch this short presentation on spongia by Dr Todd Rowe https://youtu.be/8f4gEZkhlWU

Further Relevant Reading

Read the following four articles, relevant to *Spongia*.

Acute medicine (Case report) Pulsatilla, dog dis, Natrum muriaticum, Spongia J Am Inst Homeopath 1984 Dec;77(4): 157-60

Jenkins, MD An approach to ischaemic heart disease cactus, Spongia, Spigelia, potency Hahnemannian Gleanings 1979 Apr;46(4): 168-75

Gibson DM Drosera, Ipecacuanha, Spongia, drug relationships Homoeopathy 1971 Jan;21(1): 4-8

Boyd HW Spongia in ischaemic heart disease (L) Br Homoeopath J 1981 70: 216



Clinical Case (Response to Spongia tosta)

Note this patient's congestive symptoms and cardiovascular corollaries Note pattern of her symptoms especially during aggravations. The review video for this patient is not available at the present time. She responded well to Spongia tosta 12c bd with a reduction of the congestive symptoms and a clear improvement in her cough and respiratory reserve.

https://youtu.be/q6tFIgt4CCg

SAQ 34.2



Without looking at the text, how many of the keynotes of *Spongia* can you remember?





General, environmental and constitutional features



Frequent pathological indications

Now read Spongia in your materia medica:

Page 894 Vermeulen Page 1237 Clarke Page 603 Boericke (2nd British ed) Page 847 Neatby and Stronham Page 549 Phatak Page 382 Jouanny

Further Relevant Reading

The following articles are all relevant to the treatment of bronchitis.

Shah J

Asthma and allergic bronchitis asthma, bronchitis, homeopathy Homeopath Int 1988 Jan;2(1):12-3

Ries H

Behandlung von Entzundungen mit einen homoopathischen entzundungshemmenden Kombinationspraparat Echinacea cosmoplex, rhinitis, bronchitis, otitis media, Echinacea angustifolia Biol Medizin 1988 Feb;17(1):30-2

Graf von Ingelheim FA Die antihomotoxische Therapie akuter und chronischer Tracheobronchitiden bronchitis Biol Medizin 1988 Dec;17(6):294-9

Koppikar SP Allergic bronchitis in children bronchitis, Drosera Indian J Homoeopath Med 1988 Jul-Sep;23(3):197-9

Laschinski K Die antihomotoxische Therapie der akuten und chronischen Tracheo-Bronchitis Biol Medizin 1989 Feb;18(1):328-34

Tyler ML Bronchitis, pleurisy, pneumonia – remedies for Homoeopathy 1932 Feb;1(2): 71-2 Tyler ML The common remedies of acute chests bronchitis, pneumonia, pleurisy Homoeopathy 1934 Sep;3(9): 274-3

Rabe RF Bronchitis Ipecacuanha Ger J Homeopath 1989;1(2):112

Baines RS Cure of chronic bronchitis and bronchiectasis with Natrum sulphuricum Natrum sulfuricum Homeopath Int 1990 Autumn;4(2):11

Roberts HA Broncho-pneumonia of children Homeotherapy 1983 9(1): 23-7

Kumta PS Allergic bronchitis of children Hahnemannian Gleanings 1981 Feb;48(2): 63-6

Gibson DM The killer that cures (IV) Antimonium crudum, Antimonium tartaricum bronchitis, lung dis, homeopathic drugs, poisoning Homoeopathy 1972 May;22(5): 68-70

Bronchitis (symposium) Br Homoeopath J 1964 53: 4

Foubister DM Pneumonia and acute bronchitis Br Homoeopath J 1956 45: 65

Grant TP Chronic bronchitis Br Homoeopath J 1935 25: 237

Next week we will move on to consider the homeopathic treatment of pneumonia.