

Centre for Integrative Medical Training

Intermediate Course in Medical Homeopathy

A Modular Course in Homeopathic Medicine for Healthcare Professionals

Unit 34
Therapeutic Pointers

Natrum sulphuricum

'Hydrogenoid' constitution
Disturbances of water balance and aggravations in humid environments
Head injuries

Tissue Affinity

Almost all tissues, but pathology most often expressed in, liver, gastro-intestinal tract, respiratory organs, and the central nervous system



Mentals

Objective and reasoned
Emotionally controlled
Mental changes following head injuries
Tend to become morose and taciturn
Sensitive and emotionally moved by music,
May fear music because it reveals emotional vulnerability

Locals

Yellow diarrhoea
Cough and expectoration of ropy green purulent sputum

Generals

Worse in damp weather
Aggravated by night air
Worse lying on the left side
Better in open air, warm dry air
Respiratory symptoms aggravated 3-4 am

Clinical Indications

Asthma (especially childhood asthma) and bronchitis worse in damp weather
Head injuries
Spinal meningitis
Raised intracranial pressure from injury, surgery or infection
Catarrhal conditions of ENT and respiratory mucosae



Now watch this short presentation on Natrum sulph.
by Dr Todd Rowe

<https://youtu.be/Son58gzPYLI>

Further Relevant Reading

Read the following three articles, relevant to *Natrum sulphuricum*.

Barthel H
Characteristics of Natrum sulphuricum
Ger J Homeopath 1989;1(2):79-80

Ungren-Sternberg M
Knowledge through Kent insights
Natrum sulfuricum
Ger J Homeopath 1989;1(2):73-7

Grandgeorge D
Natrum sulfuricum enfant
Cah Group Hahnemann Doct P
Schmidt 1988;25(3):102-9

SAQ 34.1



Without looking at the text, how many of the keynotes of *Natrum sulphuricum* can you remember?



Mind



General, environmental and constitutional features



Local



Frequent pathological indications

Now read *Natrum sulphuricum* in your *materia medica*:

Page 693 Vermeulen

Page 571 Clarke

Page 466 Boericke (2nd British ed)

Page 677 Neatby and Stronham

Page 423 Phatak

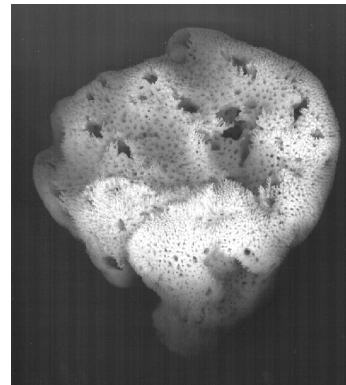
Page 275 Jouanny

Spongia (Sea sponge)

Cardiac asthma
Cor pulmonale
Chronic cardio-respiratory conditions

Tissue Affinity

Airways
Pulmonary vasculature
Endocrine / ductless glands
Mucous membranes
Heart valves



Mentals

Anxiety and fear of death and suffocation
Moods alternating between extremes of mirth and despondency
Fear of heart disease

Locals

Dyspnoea, feeling of a plug in the larynx, panting Cough
ameliorated by eating or drinking (warm drinks >)
Chronic cough of organic heart disease
Bronchial catarrh and wheezing, and copious expectoration
Cough and bronchospasm aggravated by cold air
Orthopnoea

Generals

Flushes of heat during cardiac pain
Paroxysms of heat and weakness
Suffocative episodes at night, waking in fear with cold
clammy perspiration on limbs
Worse in cold dry wind
Worse when roused from sleep, or after sleep
Worse from exertion
Worse lying with the head low
Dyspnoea better for bending forward

Clinical Indications

Cardiac asthma
Cardio-respiratory failure secondary to pulmonary
hypertension or valvular disease
Croup
Respiratory debility
Respiratory capacity reduced by inflammation,
bronchospasm and loss of compliance



Now watch this short presentation on spongia by Dr Todd Rowe
<https://youtu.be/8f4gEZkhlWU>

Further Relevant Reading

Read the following four articles, relevant to *Spongia*.

Acute medicine (Case report)
Pulsatilla, dog dis, Natrum
muriaticum, Spongia
J Am Inst Homeopath 1984
Dec;77(4): 157-60

Jenkins, MD
An approach to ischaemic heart
disease
cactus, Spongia, Spigelia,
potency
Hahnemannian Gleanings 1979
Apr;46(4): 168-75

Gibson DM
Drosera, Ipecacuanha, Spongia,
drug relationships
Homoeopathy 1971 Jan;21(1):
4-8

Boyd HW
Spongia in ischaemic heart
disease (L)
Br Homoeopath J 1981 70: 216



Clinical Case (Response to Spongia tosta)

Note this patient's congestive symptoms and cardiovascular corollaries

Note pattern of her symptoms especially during aggravations.

The review video for this patient is not available at the present time.

She responded well to Spongia tosta 12c bd with a reduction of the congestive symptoms and a clear improvement in her cough and respiratory reserve.

<https://youtu.be/q6tFIgt4CCg>

SAQ 34.2



Without looking at the text, how many of the keynotes of *Spongia* can you remember?



Mind



General, environmental and constitutional features



Local



Frequent pathological indications

Now read *Spongia* in your *materia medica*:

Page 894 Vermeulen

Page 1237 Clarke

Page 603 Boericke (2nd British ed)

Page 847 Neatby and Stronham

Page 549 Phatak

Page 382 Jouanny

Further Relevant Reading

The following articles are all relevant to the treatment of bronchitis.

- | | |
|--|--|
| Shah J
Asthma and allergic bronchitis
asthma, bronchitis, homeopathy
Homeopath Int 1988 Jan;2(1):12-3 | Tyler ML
The common remedies of acute chests
bronchitis, pneumonia, pleurisy
Homoeopathy 1934 Sep;3(9): 274-3 |
| Ries H
Behandlung von Entzündungen mit einen homöopathischen entzündungshemmenden Kombinationspräparat
Echinacea cosmoplex, rhinitis, bronchitis, otitis media, Echinacea angustifolia
Biol Medizin 1988 Feb;17(1):30-2 | Rabe RF
Bronchitis
Ipecacuanha
Ger J Homeopath 1989;1(2):112 |
| Graf von Ingelheim FA
Die antihomotoxische Therapie akuter und chronischer Tracheobronchitiden
bronchitis
Biol Medizin 1988 Dec;17(6):294-9 | Baines RS
Cure of chronic bronchitis and bronchiectasis with Natrum sulphuricum
Natrum sulfuricum
Homeopath Int 1990 Autumn;4(2):11 |
| Koppikar SP
Allergic bronchitis in children
bronchitis, Drosera
Indian J Homoeopath Med 1988 Jul-Sep;23(3):197-9 | Roberts HA
Broncho-pneumonia of children
Homeotherapy 1983 9(1): 23-7 |
| Laschinski K
Die antihomotoxische Therapie der akuten und chronischen Tracheo-Bronchitis
Biol Medizin 1989 Feb;18(1):328-34 | Kumta PS
Allergic bronchitis of children
Hahnemannian Gleanings 1981 Feb;48(2): 63-6 |
| Tyler ML
Bronchitis, pleurisy, pneumonia - remedies for
Homoeopathy 1932 Feb;1(2): 71-2 | Gibson DM
The killer that cures (IV)
Antimonium crudum, Antimonium tartaricum
bronchitis, lung dis, homeopathic drugs, poisoning
Homoeopathy 1972 May;22(5): 68-70 |
| | Bronchitis (symposium)
Br Homoeopath J 1964 53: 4 |
| | Foubister DM
Pneumonia and acute bronchitis
Br Homoeopath J 1956 45: 65 |
| | Grant TP
Chronic bronchitis
Br Homoeopath J 1935 25: 237 |

Next week we will move on to consider the homeopathic treatment of pneumonia.