

**Exercise in classifying symptoms**

Here is a quick recap of the types of symptoms that a patient may give you:

<i>Presenting symptoms:</i>	these are the symptoms that lead the patient to you, they can be of emotional, general or particular nature.
<i>Concomitant symptoms:</i>	these are symptoms accompanying other symptoms, eg. migraines accompanied by diarrhoea
<i>Mind / Emotional symptoms:</i>	relating to the person’s intellectual and/or emotional make-up
<i>General symptoms:</i>	affecting the whole organism, usually expressed ‘I feel...’ ‘I am...’
<i>Particular symptoms (Local):</i>	relating to one part of the body or an specific organ ‘My ....’
<i>Common symptoms:</i>	symptoms that are commonly heard, therefore not very individual and usually of minor value in working out the simillimum
<i>Strange, rare &amp; peculiar symptoms:</i>	very unusual symptoms of great importance in finding the remedy

***Activity***

Look at the following 30 symptoms and categorise them using the answer grid on the next page. When you have finished, check your answers against the sample answer sheet. If any of the selections cause you difficulty, bring them up for discussion at your next tutorial session.

**The Symptoms:**

Watery discharge from nose in hayfever	Feels worse before menses
Earache extending to throat	Tiredness
Hurried speech	Sensation as if cold water running down inside leg
Anxiety before examination	Averse to being touched
Hypersalivation at night	Dizziness on looking up
Sweats when chilled	Stomach pain better for eating in duodenal ulcer
Weeps alone	Thirst with diarrhoea
Sensation of a lump in the rectum	Coldness of fingers in Raynaud’s
Bloody urine in cystitis	Chest pain better for lying on the painful side
Heavy periods	Fear of high places
Headaches worse for the sun	Right sided sore throat better for eating solids
Warts on foot	Feels cold but better for cold applications
Feels much better at the seaside	Cramping pain in the abdomen better after stool
Palpitations with diarrhoea	Persistent feeling that someone is walking behind
Paralysis in patient with MS	Sensation that a ligature were tied around the thigh

***Supplemental Activity***

Make a list of any strange, rare & peculiar symptoms that you encounter in your own clinical practice. If you cannot recall any at the moment, look out for them in your clinic over the next two weeks.

Student Name:

Date:



Answer grid: Select the button and use the tick-boxes to categorise each symptom below:

Symptom	S,R,P	Mind	General	Particular	Common
Watery discharge from nose in hayfever					
Earache extending to throat					
Hurried speech					
Anxiety before examination					
Hypersalivation at night					
Sweats when chilled					
Weeps alone					
Sensation of a lump in the rectum					
Bloody urine in cystitis					
Heavy periods					
Headaches worse for the sun					
Warts on foot					
Feels much better at the seaside					
Palpitations with diarrhoea					
Paralysis in patient with MS					
Feels worse before menses					
Tiredness					
Sensation as if cold water running down inside leg					
Averse to being touched					
Dizziness on looking up					
Stomach pain better for eating in duodenal ulcer					
Thirst with diarrhoea					
Coldness of fingers in Raynaud's					
Chest pain better for lying on painful side					
Fear of high places					
Right sided sore throat better for eating solids					
Feels cold but better for cold applications					
Abdominal cramping, better after stool					
Persistent feeling that someone is walking behind					
Sensation that a ligature were tied round the thigh					