



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

CONFIDENTIAL

Name: Donald McD.

Illustrative Case No. 7

CLINICAL TEACHING CASE No 7.

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.

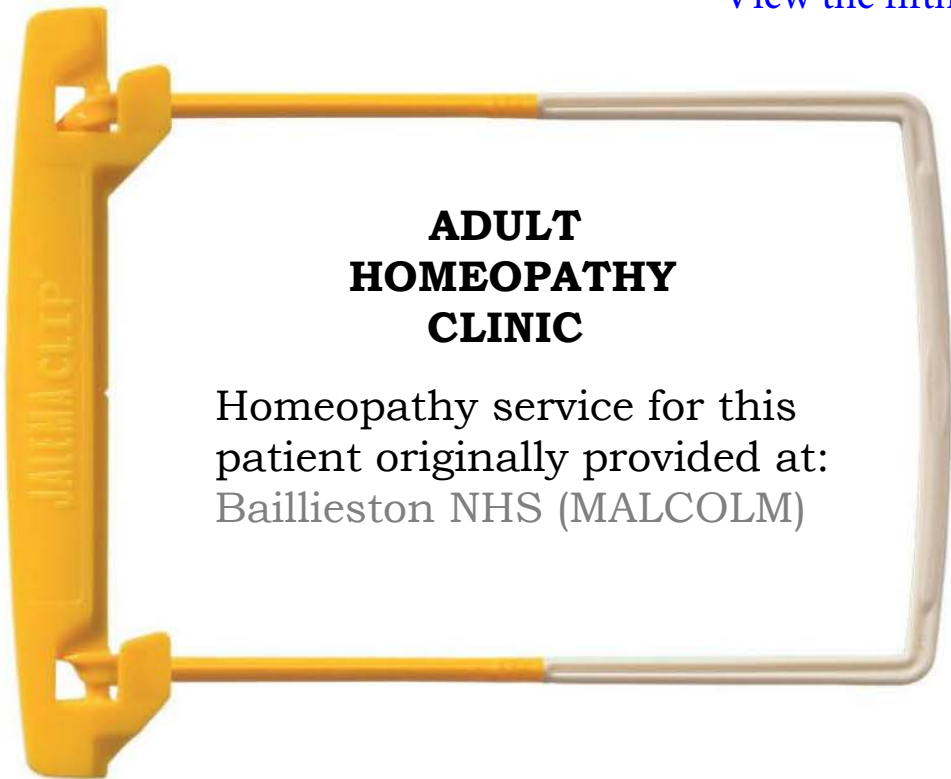


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Name: **Donald McD.** Presenting Complaint / Principal diagnosis:
Age at First Consultation 54 yrs Musculoskeletal pain

INSTRUCTIONS FOR LEARNERS

Study the referral and [view the first consultation](#) for this case in week: **4**
[View the first review](#) consultation and consider further treatment in week: **5**
Study the second and third reviews from the file and [View the fourth review](#) in week: **6**
[View the fifth review](#) consultation in week: **7**



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

INDEX

- Referral / Correspondence GP LETTER (empty)
- Case Recording Sheets
- Original Written Notes
- Investigation Reports (empty)
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- Clinical Audit / Outcome Reports (empty)
- Clinical Photographs / Images Miscellaneous (empty)

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FIRST CONSULTATION

Name: Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:

History of Present Illness:



<https://youtu.be/Orr8JYdx8jI>

Use the link above to access the Consultation Video. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:

STOMACH

Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND

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FIRST CONSULTATION

Continuation sheet

Patient name / id

FIRST CONSULTATION

Continuation sheet

Patient name / id.

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FIRST REVIEW

Continuation sheet

Patient Name / id.:

Time since first seen:



<https://youtu.be/8zfk5GZovH4>

FOURTH REVIEW

Continuation sheet

Patient Name / id.:

Time Since Last Review



<https://youtu.be/cy29-HRuR8U>

Study the Seecnd, Third and Fourth Review Consultations for Donald McD in Week 6.
The Second and Third reviews are in note form below and the Fourth Review is on video (opposite).

SECOND REVIEW

4 Oct. Two months after last visit.
Generally not too bad. On occasion pains come back. Feels quite good in himself.
Active and busy.'Kept going'.
Sleep generally OK. Generates a lot of heat. Has to cool off overnight, has to throw bedclothes off.
Only a little pain at present.

THIRD REVIEW

14 Dec. Nine weeks after last visit.
Pain less marked but gets some paraesthesiae in fingers.
Fairly 'warm blooded'.
Mood OK. A bit more intolerant at times. No highs and lows. Taking things better.
Exertion continues to < physical symptoms. Some pain when applying pressure on elbows.
Using sac lac. Hasn't repeated high potency. Recommend he takes it now.

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FIFTH REVIEW

Continuation sheet

Patient Name / id.:

Time since last seen:



<https://youtu.be/MKliM4IKAlg>

FIRST CONSULTATION

B7037

Name MR. DONALD MCD 30-6- D.O.B. Sex Occ. Date 11/7/1
Address 4 TORRINGTON CRES MT VERNON G32 9NZ
Complaint
History of Present Illness

present for a number of years
← see past 2-3/ stress factors pressure with new arden outlook
← Pain elbow, knee
← after physical work
Always there. Slight squeezing & redundant
X-ray negative NSAID Not v. effective.
u/s was with gas build.
→ decrease
high facial colour

"toothache pain" maximal work & can't settle arms in bed in comfortable position
(R) > (L)

Previous Illnesses :- 40 days off in working life
= injury # feet. training.

Personal :- wife son well.

Menstrual History

Family History :- No FH of joint problems.
Played hockey for some years.

Examination

FIRST CONSULTATION

HOMOEOPATHIC SYMPTOMS

Generals

Heat generates a bit of heat. Cold

Time Weather

Stomach :-

Disordered

Appetite :- has to control appetite

Thirst :-

Aversions :- No salt.

fav amount of coffee

Desires :-

Sleep :- warmth & but sleep ok

Particulars

Head :- headaches

Eye deaf (R) ear.

Ear

Nose

Throat

Face

Mouth

Respiratory

Stomach

Abdomen

Bowels

Genito-urinary

Back

Extremities

Skin

skin problem

Sweat

fairly readily perspiration

when playing competitive sport adrenaline → perspiration

Can wake & feel feeling clumsy or so warm No recurrent waking.

1 bottle of whisky/week.

MENTALS

arms folded 'staple's cough'

dress neat.

'fair & firm in personality'

regard for authority & position likes to be active ?? restless / fidgety

There is a place + time for everything

Old fashioned upbringing

No flash point temper

Controlled

Has rationalised his redundancy

Dusts + hovers

Quite strong routine Codes of practice + rules + regs in gas law

Censorious. Doesn't sit & rest.

No. B-7037

Name. DONALD M. J.

Address. 4- TORRINGTON CRESC, GLASGOW.

2/8/

No side effects. ? Slightly salty taste.
Pain has gone from elbows
Sleeping OK. Mood OK
Not crabbit. Doing what said. Stopped coffee.

4/10/

Gen. not too bad
On occasion, pain came back
Feels quite good & lively.
Active and busy. Kept going.
Sleep gen OK
Generated a lot of heat
Has to cool off overnight: throws bedclothes off
A little pain at present

4/12/

Ang
Nerv
Ais-

Pain less marked.
Some paresthesia in fingers
fairly warm & moist.
Mood OK. A bit more intelligent.
Not hazy & slow.
Taking things better
but action <
Some pain on pressure on
elbows.

3/2/

Using pills to. until 2 1/2. No pain
Mood generally OK. Occasionally short tempered.
No new problems. If old elbows are sore > warmth.
Nervous work now tolerant.
Catastrophic chest, congested - deeper cough.

10/3/

Grinded ribs & shoulder & hamstring
while playing hockey.
Pills helped catastroph. Still has some catastroph
Waited for a couple of days felt buoyant then
improved over the course of a week
Stretching muscles is better. Still aches & pains in
neck & shoulders.
Getting very warm & hot at times which can
wake him. Not generally fatigued
Mood a bit sharp. Critical

27/6/

Went back to help his company
through an agency. Found this physically
demanding. Felt: why am I doing this.
We were & there as cheap labour.
We were glad to see the tail end of
it. Now has to join
queue at job centre.

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