



GREATER GLASGOW HEALTH BOARD  
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

**CLINICAL TEACHING CASE STUDY**

**ADULT  
HOMEOPATHY  
CLINIC**

**CONFIDENTIAL**

**Name: Elizabeth S.**

**Illustrative Case No. 4.5**



CLINICAL TEACHING CASE No 4.5

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



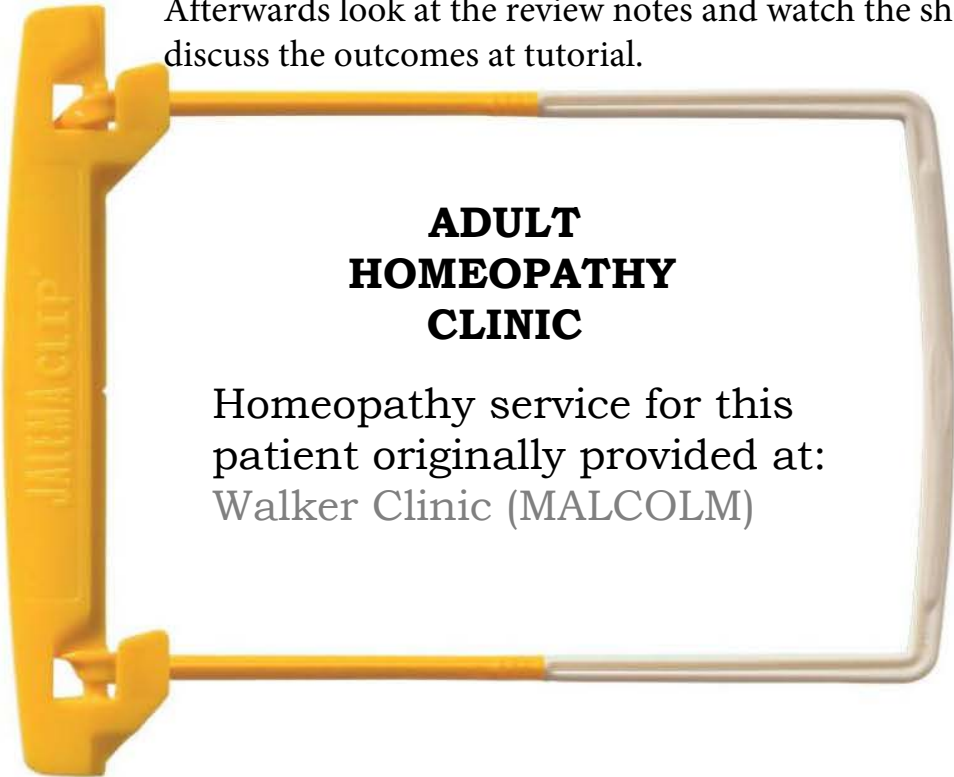
Centre for Integrative Medical Training 2021  
Provided on licence to registered students of  
Homeopathy Property of CIMT. All rights reserved.

Name: **Elizabeth S.**  
Age at First Consultation 30

Presenting Complaint / Principal diagnosis:  
Anxiety

INSTRUCTIONS FOR LEARNERS

Look over the first consultation. Don't read ahead beyond Hamish Boyd's First consultation notes. With reference to both the summary notes and what you see and hear, try to identify appropriate rubrics and undertake a short keynote repertorisation. Select a prescription for the case and provide reasons for your choice. Afterwards look at the review notes and watch the short review video clip so that you can discuss the outcomes at tutorial.



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

INDEX

- Referral / Correspondence
- Case Note extract
- Original Written Notes

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER



Dr. I.N. McCULLOCH  
Dr. E.C. CAMPBELL  
Dr. P.M. CAMPBELL  
Dr. A.S. BOYD

DUMBARTON HEALTH CENTRE  
STATION ROAD  
DUMBARTON G82 1PW  
Telephone Dumbarton 63111

12 April

D Boyd  
22 Sandyford Place  
GLASGOW

Dear Dr Boyd

ELIZABETH S            DOB   04 12  
13B S                 ROAD   DUMBARTON

This fit and spry 79 year old lady has requested a homeopathic appointment with you.


I am afraid she dislikes consulting doctors and is very coy about her symptoms. Since taking over this list her request to see you is my first contact with her.

She complains that the problem is her nerves and states it dates back to her adolescence, unfortunately, she will not reveal any more but has great confidence in you.

She was seen at the Homeopathic Hospital about 10 years ago by D Hennesy.

She is also just been noted to be hypertensive. Her daughter reports she also has a rectal prolapse but under no circumstances will let a doctor near it!

Yours sincerely

  
A S Boyd MB ChB

23rd May, .

Dr. A.S. Boyd,  
Dumbarton Health Centre,  
Station Road,  
DUMBARTON  
G82 1PW.

---

Dear Dr. Boyd,

re: Mrs. Elizabeth Scott, 13B Strathclyde Road, Dumbarton.

Thanks for your letter about this lady. She is an old patient of Dr. Hennessy and, as you say, rather a reserved person.

After much discussion she told me that part of her main problem just now is that she frequently has bad thoughts during the night and sometimes impulses to hurt people or even to set the house on fire. She has never actually admitted this, but she feels it is connected with her childhood when she was brought up in the Baptist Church and was frightened by the "hell fire" preaching. She has never really confided this to anybody, even her family, although they are aware that she gets a bit depressed and silent. Her memory is not bad although she is a little confused at times and has loss of confidence and lack of interest.

Clinically she seems pretty well. B.P. 180/100. She is still taking her Benzofluoride. She is still on 2 mg. Diazepam daily, but is gradually cutting this down and also takes her Mogadon at night.

She mentioned about the rectal prolapse although I was not allowed to examine this, but she did have a repair of both the bowel and the vagina some years ago and it certainly does not sound anything serious.

I was able to allow her to bring her daughter in and we talked about the problems and I hope this may help things a bit. Meantime I have given her a remedy 30. This is quite often indicated with some of these mental symptoms.

Yours sincerely,

FIRST CONSULTATION

Summary Casenote

Patient name / id



<https://youtu.be/9kFZoq2COvM>



FIRST REVIEW

Continuation sheet

Patient name / id.



<https://youtu.be/QU-cWQ3z-gQ>



INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER



Dr Boyd's Archived Notes

Name Mrs. Elizabeth S. D.O.B. 4/12/79 Sex F Occ. Date 23/5/13  
Address 13 B Strathclyde Rd. Dunbarton.  
Complaint 0389 31018  
History of Present Illness

Brought up: "hell-fire Baptist. Saw Dr. Henning  
frightened. 10 yrs ago.  
Impulses come on "to set fire to house."  
"to hurt someone"  
Belief still there. - bad thoughts in night  
Memory just bad. - confused  
Loss of confidence when out.  
"Depressed" Lack of interest - makes herself  
(not suicidal!) do house.

Metronidazole  
5 y. note.

Trasipham  
Long - cut day slowly  
daily Previous Illnesses  
since ft.  
dead

Repair bowel & vaginal. Had homeopathic  
books.

Personal Non smoker. Lives alone. Reads. - early retirement.  
C. of S.  
Bible. Religious books.  
(light books.)  
Menstrual History

Family History H. died 7 yrs ago. 3 daughters  
(K. married. - Dunbarton  
latterly some drink. - helpful  
Doesn't miss him  
180  
100.

Examination

Dr Boyd's Archived Notes

HOMOEOPATHIC SYMPTOMS

Generals

Heat > Cold < Sweat  
Time Weather  
Stomach  
Appetite Healthy. water. Disordered  
Aversions Thirst  
Desires Fair  
Sleep

Particulars

Head Stomach  
Eye  
Ear Abdomen  
Nose Bowels  
Throat Genito-urinary  
Face Back  
Mouth Extremities  
Respiratory Skin

No blood.  
Had rectal prolapse  
comes down  
Had a repair - 10 yrs ago.

MENTALS

Anacardium 30/3  
Anxious. See over.  
Fixed ideas, irrational.  
Feels she doesn't love people enough.  
Less tidy.  
Goss. never travels alone.  
Lacks confidence.  
Not weepy.  
can't weep.  
Reserved.  
Feels she would  
like to show  
affection







SUBSEQUENT REVIEWS

30/4/44 Better following Macc. & SL/3

21/6/44 Much improved. Rarely has pathological thoughts  
request for repeat appointment.

8/7/44 Ever so much better

Diminished thoughts

Still feels need for love + compassion

Feels that her ability to feel love is coming back

Gets on OK with people

Nerv / disturbed anyone.

Gets visitors. Well taken care of.

Not too often with morbid thoughts

Physically OK in herself

Exercises a bit. Looking after herself better

Drinks porridge.

Drinks plenty water.

Not much confidence. Always had plenty

If eyes are poor it takes away her confidence.

Large pink pain drawing.

Sleeping has improved

Not many dreams

No bad dreams.

hearing.

must OK

chest.

energy OK.

no sin probs

or catarrh.

SUBSEQUENT REVIEWS

Mrs. E S

Quite a lot better

Feels very well of herself

No reaction to remedy.

Now able to resist the

dreadful thoughts.

Still wants to feel more love for others

feels remedies have helped her religious faith.

No anger. Placid

Can forgive. No grudge.

Uses one Nitroglycerin at night.

Sleeping is fine.

Appetite good.

very expectant.