



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**CHILDREN'S
HOMEOPATHY
CLINIC**

Study Case No. 2.5

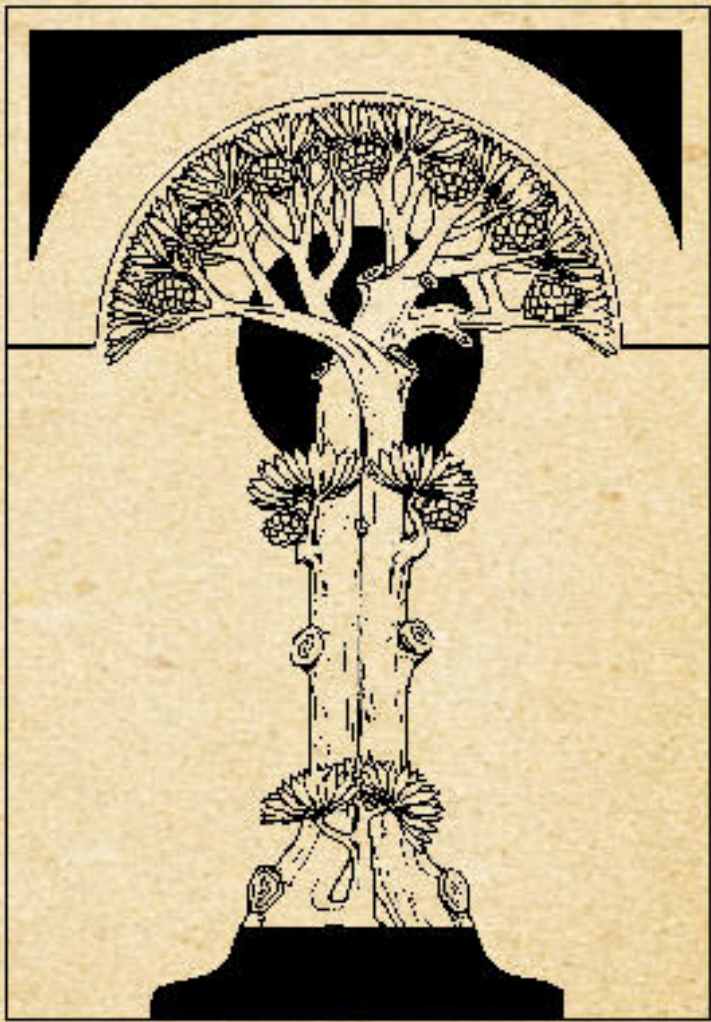
Name: Julie K.

CONFIDENTIAL

CLINICAL TEACHING CASE No 2.5

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



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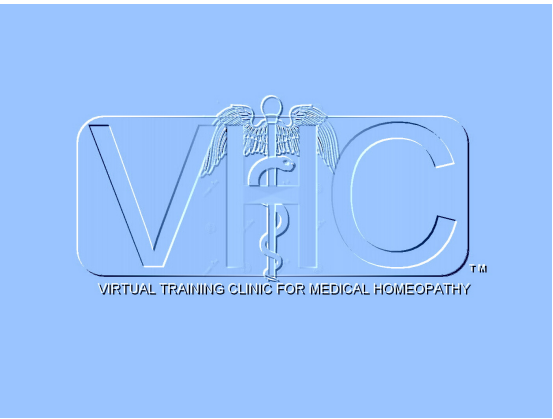
Name: **Julie K.** Presenting Complaint / Principal diagnosis:
Age at First Consultation 12 yrs Rhrinitis / Recurrent sinusitis / headache

INSTRUCTIONS FOR LEARNERS:

Study the referral and [view the first consultation](#) for this case in week: **3**
Consider all review consultations and discuss further treatment in week: **4**



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.



INDEX

- Referral / Correspondence
- GP LETTER Case Recording Sheets Original
- Written Notes (First Consultation)
- Investigation Reports(empty)
- Repertoristions & Searches (empty)
- Clinical Audit / Outcome Reports (empty)
- Clinical Photographs / Images
- Miscellaneous (empty)

FIRST CONSULTATION

Name:/ Age:

You can annotate this recording sheet while you view the video case. You may find it more convenient, however, to download and print the recording sheet from supplemental materials and patch in the history by hand.
Complaint:

History of Present Illness:



<https://youtu.be/P5uv5W0dIEA>

Use the link above to access the Consultation Video. Size the video player window on your computer desktop so that you can simultaneously make entries into this case recording sheet.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

HOMEOPATHIC SYMPTOMS

GENERALS

Heat:	Cold:	Perspiration:
Time:	Weather:	
<u>STOMACH</u>		
Appetite:		Disordered:
Aversions:		Thirst:
Desires:		

SLEEP

PARTICULARS

Head	Stomach
Eye	Abdomen
Ear	Bowel
Nose	Genito-urinary
Throat	Back
Respiratory	Extremities
	Skin

MIND

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CORRESPONDENCE

NOTES

REPORTS

OTHER

FIRST CONSULTATION

Continuation sheet

Patient name / id

FIRST CONSULTATION

Continuation sheet

Patient name / id.

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CORRESPONDENCE

NOTES

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FIRST CONSULTATION

Miss Julie K
Aged: 12 years

Presenting Complaint:

Catarrh with post nasal drip.
The catarrh accumulates overnight and culminates in vomiting in the morning.
This happens 5-10 minutes after waking or sometimes within half an hour of setting out to school.
The problem started to get worse 2 years previously for no obvious reason.
The symptoms are variable in severity and often seem to go in two-week cycles.
There are often headaches which localise over the right eye when the catarrh is at its worst.
The headache itself can make her feel nauseous.
There is a history of middle ear catarrh for which she has received decongestants in the past.
She can suffer from paroxysms of sneezing at any time.
There is no family history of atopic illness, but her father also suffers from catarrh.

Homeopathic Symptoms:

Worse in stuffy rooms, generally better outdoors.
Slightly humid conditions ameliorate but steam inhalations aggravate.
She is generally warm in her reactions to temperature but doesn't overheat and is quite tolerant of the sun.
No excessive perspiration.
Develops a thirst when choked with catarrh: "for water or juices".
Aversion to eggs, likes cheese, salt and sweets.
Tends to bruise quite easily.
Recurrent glandular swelling in the neck particularly at times when her throat is sore which can occur quite frequently.
Teeth are well shaped but slightly pearly and opaque looking.

Mind Symptoms:

Lots of friends.
Generally speaks her feelings.
Gets a little bit excitable and anxious before going out anywhere but fine when she gets there.
Lots of activities.
Plays the recorder and involved with activity groups.
Learning the cello and fond of reading.
Sociable and likes to be with people.
Fearful of the dark, keeps her light on in the bedroom at night. "Always was the case since infancy", according to mother.

Rx:

REVIEWS



<https://youtu.be/2zX-CrgWypo>

Review appointment at 4 weeks

Had a significant reaction to the remedies which involved an aggravation for most of the first week.
During this time she had intense sinus headaches localising over the right eye.
These started 2 days after the remedy.
There was an associated feeling of nausea and an exacerbation of the catarrh.
On day 4 she had some abdominal pain which lasted for 40 minutes and culminated in sickness.
Immediately afterwards asked mother for a cheese sandwich.
There was glandular swelling for approximately one further week.
During this time the catarrh and headaches subsided and the sneezing stopped.

Rx:

Follow up after further 6 weeks

No sneezing , no catarrh, no headaches.
Appetite seems to have increased.
Now, prefers to sleep in darkness, and is putting the bed light out at night.
Generally well and happy.