



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**CHILDREN'S
HOMEOPATHY
CLINIC**

Study Case No 2.12

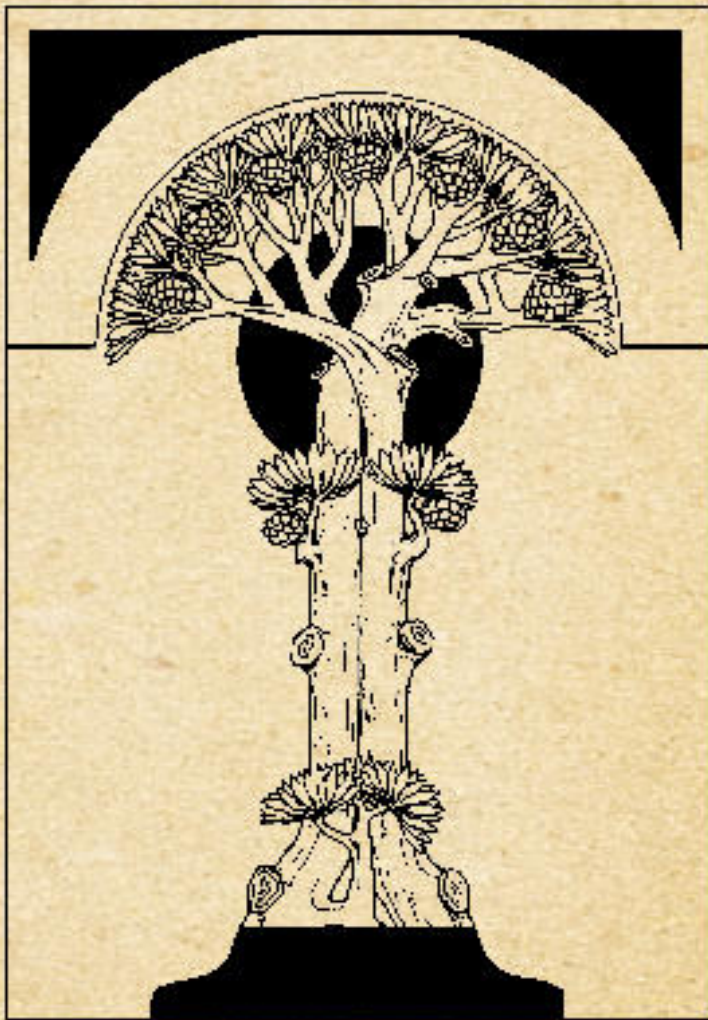
Name: Fraser C.

CONFIDENTIAL

CLINICAL TEACHING CASE No 2.12

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



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Name: FRASER C. **Age at First Consultation** 12 yrs **Presenting Complaint / Principal diagnosis:** Recurrent infection, Fatigue

INSTRUCTIONS FOR LEARNERS:

Read the first consultation notes for this case in week 9 and watch the video fragment.
Undertake an analysis of symptoms prior to discussion in week 10. Read through the review consultation notes and consider further treatment in week 10. Complete the SAQ on symptom suppression in Week 10.



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

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The correspondence for this case has been interleaved with the consultation notes, in the order events took place.

| | | | | | | | | | | | | | | | |
|---|-----------------------|--|---|---|-------|--|--|--|--|--|--|--|--|--|--|
| Hospital use Only | Clinic <i>D-Mcare</i> | Day Date <i>14.2.93</i> | Time <i>11.00</i> | Hospital No. <i>515</i> | GP112 | | | | | | | | | | |
| REQUEST FOR OUT-PATIENT CONSULTATION THE INFORMATION IN THIS SECTION MUST BE COMPLETED | | | | Appointment Category Routine <input checked="" type="checkbox"/> Soon <input type="checkbox"/> Urgent <input type="checkbox"/> | | | | | | | | | | | |
| Hospital <i>HOMOEOPATHIC HOSPITAL</i> | | Date <i>8/10/93</i> | CHI No. <table border="1"><tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table> | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| Please arrange for this patient to attend the clinic of Dr/Mr | | | | | | | | | | | | | | | |
| Patient's Surname <i>C</i> | | Maiden Surname | | Date of Birth <i>14/</i> | | | | | | | | | | | |
| First Names <i>FRASER</i> | | Single/Married/Widowed/Orh | | Patient's Occupation | | | | | | | | | | | |
| Address <i>38 NEW ROAD</i> | | Date of Birth <i>14/</i> | | Patient's Occupation | | | | | | | | | | | |
| Address <i>KILLEARN</i> | | Date of Birth <i>14/</i> | | Patient's Occupation | | | | | | | | | | | |
| Address <i>G63</i> | | Date of Birth <i>14/</i> | | Patient's Occupation | | | | | | | | | | | |
| Postal Code | | Contact telephone number | | | | | | | | | | | | | |
| Has the patient attended hospital before? <i>YES</i> NO If "YES" please state: | | | | | | | | | | | | | | | |
| Name of Hospital | | Name, Address and Telephone number of MEDICAL/DENTAL PRACTITIONER | | | | | | | | | | | | | |
| Year of Attendance | | Dr S. A. CUMMING The Health Centre KILLEARN G63 9NA Tel. Killearn 50339 | | | | | | | | | | | | | |
| If the patient's name and/or address has/have changed since then please give details: | | Please use rubber stamp | | | | | | | | | | | | | |
| Can patient attend at short notice? <i>YES/NOX</i> | | 25347 | | | | | | | | | | | | | |
| If YES, minimum notice required days | | | | | | | | | | | | | | | |

I would be grateful for your opinion and advice on the above named patient. A brief outline of history, symptoms and signs is given below:

This 11 year old boy has a complex history stretching back over the last year of a mixture of psychological and physical symptoms. He first came to attention when he was losing a great deal of time off school and it was felt that he had a school phobia. He then developed a viral illness which appeared to be rather transient and since this he has had a variety of symptoms including intractable hiccupping, skin hypersensitivity, stiffness of his left leg, pains in his neck. He has been seen by Dr McKay at Yorkhill, by the Educational Psychologist and the family psychologist at Yorkhill.

The general consensus of opinion was that although he has had a virus illness, he does not have ME but a psychosomatic illness with an element of conversion hysteria and depression and has been treated by Prozac, counselling and physiotherapy. Mrs Calderwood is very keen to have Fraser diagnosed as ME although the clinical picture does not sound like this and there has been some concern as to the fact that Fraser has once again started to lose a great deal of time off school. Mum has requested homoeopathic referral.

I would be grateful for your opinion and advice regarding his further management:

Diagnosis/provisional diagnosis:

Present drug treatment and potential special hazards:

Women of childbearing age). Date of first day of L.M.P.

rays available from: No. (if known)

Signature *[Signature]*

355-2104

are early

FIRST CONSULTATION

Name:/ Age:
Read through the entire first consultation on this page and the next, using the transcribed notes. Consider the treatment, before reading the reviews. View the third review on video and analyse for a better remedy.
Complaint:

History of Present Illness:



Dr Moore's first consultation is not available on video. Look carefully at the case records on this page and the next. Get an impression of the patient from the video extract, then analyse and prescribe.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

6/15
Name *Miss Baldwin* D.O.B. *14.2.82* Sex *M* Occ. *Scholar* Date *14.2.94*
Address *38 New London Rd. Kilkenny*
Complaint *66399D*
History of Present Illness
Flu-like illness Jan 93, followed by recurrent colds. Ataxia in March 93. Investigated as I.P. in Yorkhill Δ "inner ear infection". Further coughs & colds followed. Soreness & stiffness of joints, especially cervical spine. Stiffness of L knee from July - August - relieved after knee clicked. Dislocation L patella in October followed by prolonged spell of treatment - still using walking stick.
Poor appetite May - October - lost 11½ stone but has regained this & more since dislocation L knee cap.
* AVERSION to red meat & fish since becoming unwell.
"Tummy bug" in Nov - Dec. followed by 'flu-like illness'. Since Jan 94 has had 'flu-like illness & 'tummy-bug' again but recovered more quickly.
Gets headaches frequently.
RTA 3½ yrs ago - bruising of chest & left shoulder
Previous Illnesses Mumps, chicken pox
Kawasaki's syndrome 4 yrs ago - Tired, run-down
generalised lymphadenopathy - for 6 months.
Asthma as an infant - less troublesome in feet
3 yrs. SENSITIVE to dog hair. On Becotide inhaler
Bricanyl if reqd.
Flixonase for nasal congestion
Personal
Menstrual History
Family History Mother's uncle had TB. Grandfather had c.s.
Mother's uncle had diabetes. No P.A.
Examination
Pale, ~~intoxicated~~, shy, overweight. Palms warm, swe.
Pulse 112/min. Sinus arrhythmia.

FIRST CONSULTATION

HOMOEOPATHIC SYMPTOMS

Generals Usually chilly. Prefers indoors. Not averse warm room.
Heat Avens collars. Cold Sweats little.
Time Weather likes sunny weather
Stomach Disordered
Appetite "Enormous appetite" Thirst for fizzy drinks, coke, milk
Aversions Meat, fish. Not keen on salty food. No sweet tooth.
Desires
Sleep Poor sleeper "for long time" - GP prescribed Prozac. V. restless
- due to soreness of head, neck, joints. Sleeps on R side.
Particulars No bad dreams
Head Stomach
Eye
Ear Abdomen
Nose Bowels
Throat Genito-urinary
Face Back
Mouth Extremities Aching discomfort in joints,
Respiratory Skin when tired < cold weather

MENTALS Quick-tempered. Reasonably patient. Can be trusting or wary.
One close friend. Likes school. Not bullied. No contact with drugs.
Quite affectionate. Likes company. Sympathetic. Likes sympathy.
Not tidy (usually). (When he was v. sore in initial months of
ill-health was fearful of being approached). "Gets worked-up
about getting hair washed" because of discomfort.
V. interested in art.

Rx ARNICA 10H

Eg. 1/2 powder at 12 hourly intervals

M. 3 powders.

followed, after 1 week by:

TUBERCULINUM 30c powder

Eg. One tid on one day/week

M. 12 powders. D. ... 21.11

FIRST CONSULTATION

HOMOEOPATHIC SYMPTOMS

GENERALS

Heat: Cold: Perspiration:
Time: Weather:
Stomach
Appetite: Disordered:
Aversions: Thirst:
Desires:

SLEEP

PARTICULARS

Head Stomach
Eye Abdomen
Ear Bowel
Nose Genito-urinary
Throat Back
Respiratory Extremities
Skin

MIND



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY/GARTNAVEL GENERAL HOSPITAL UNIT

EM/IB.

Our Ref

Your Ref

If phoning
ask for

DATE OF DICTATION:- 14TH FEB. 1994.

DATE OF TYPING:- 6TH MARCH 1994.

Glasgow Homoeopathic Hospital
1000 Great Western Road
Glasgow G12 0NR
Tel: 041-339 0382
Out Patients Department 334 9800

Dr. S. Cumming.
The Health Centre,
KILLEARN.
G63 9NA.

Dear Dr. Cumming,

PATIENT NAME:- FRASER Cxxxxxxxxxx. DoB:- 14.xx.xxxx HOSPT. NO:- G115.
ADDRESS:- xx xxxxxxxx xx, KILLEARN. G63 Xxx.

Thank you for referring this boy with his history of ill health which began in January 1993 following a flu like illness.

Thank you for your helpful letter - as you say he has symptoms of joint pain and neck pain which have interfered with his sleep and his increased vulnerability to infection. The dislocation of his left patella in October and the bruising he sustained in the traffic accident three weeks ago appear to have further undermined his recovery.

It would certainly be worth trying homoeopathic treatment and I have prescribed the following:-

RX. ARNICA 10M POWDERS.
SIG. ONE POWDER AT TWELVE HOURLY INTERVALS.
MITTE. THREE POWDERS.

One week after his Arnica powders I have prescribed:-

RX. TUBERCULINUM 30C, POWDERS.
SIG. ONE POWDER tid ON ONE DAY EACH WEEK.
MITTE. TWELVE POWDERS.

I hope that these will be of some benefit and I have arranged a further appointment at the clinic for him in two months time.

Yours sincerely

EDDIE MOORE.
CLINICAL ASSISTANT.

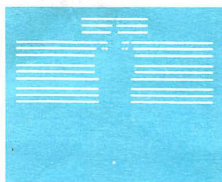
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CORRESPONDENCE

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West Glasgow Hospitals University NHS Trust

Our ref : RM/IB.

Your ref :

Please reply to :

Glasgow Homoeopathic Hospital
1000 Great Western Road
Glasgow G12 0AA
Direct Line :
Fax No. :

Dr Russell Malcolm
Glasgow Homoeopathic Hospital

Dear Russell,

PATIENT NAME:- FRASER Cxxxxxxxx. DoB:- 14.0x.xxxx. HOSPT. NO:- G115.
ADDRESS:- x xxxxxxxxxxx xx, KILLEARN. G63 xxx.

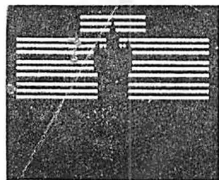
I would be grateful for your opinion on Fraser. He is now 12 and has had a long run of health issues which have been challenging to treat. Although he doesn't appear to have been a particularly well child, there appears to have been a sharp downturn in his health since a flu-like illness in January last year.

He didn't pick up very quickly from that acute viral episode and lost quite a lot of time off school with a series of 'colds'. At one point, Fraser suddenly started to lose his balance and was referred to Yorkhill Children's Hospital with Ataxia. He was investigated and treated there as an inpatient for a presumed ear infection. After discharge he remained prone to recurrent infections and his mother says that was rarely free from coughs and colds after that admission.

Fraser started to complain of stiffness and soreness last summer. There were very few objective clinical signs up until August when his left patella subluxed and he was seen by the orthopaedic consultant and physio team at Gartnavel General. Fraser was gradually improving when I first saw him as an outpatient in GHH last September, although he was still walking with a stick at that time and complaining of neck soreness and stiffness. His routine investigations were unremarkable at that time.

Perhaps as a result of his reduced mobility Fraser gained weight in the latter part of last year having previously lost weight due to poor appetite over the preceding 4-6 months. He unfortunately had a viral enteritis in November and December, followed by yet another flu like illness and then began to complain of headaches and sleeplessness. Fraser's GP commenced Prozac at that time.

Cont/.....



West Glasgow Hospitals University NHS Trust

Incorporating the Western Infirmary, Gartnavel General Hospital,
Drumchapel Hospital, Glasgow Eye Infirmary & The Glasgow Homoeopathic Hospital

Our ref :

Your ref :

Please reply to :

page 2.

Glasgow Homoeopathic Hospital
1000 Great Western Road
Glasgow G12 0AA
Direct Line :
Fax No. :

What was most notable when I saw Fraser first, was his general fear of being approached. His mum told me that he gets worked up about getting hair washed 'because of discomfort'. He certainly appeared to be averse to touch and with his ongoing sore joints and muscles, I decided to treat him with high potencies of Arnica to begin with, followed with intermittent Tubbov potencies, in treatment of his recurrent infections and persisting lymphadenopathy.

Fraser seemed to pick up, at least to begin with, and his mother reported that he lost less time from school after his homeopathic treatment, which was encouraging.

Those early improvements have been difficult to maintain, however, and Fraser's energy and resistance are clearly still a problem. Mum is concerned that his performance at school is suffering as a result of his perpetual tiredness and Fraser has become irritable at home, especially with his brother who he fights and bickers with.

At this stage, I feel that Fraser might benefit from a fresh view. I have asked Julie to arrange for his case records to be sent to Great Western Road and I will be interested to hear what you think.

With best wishes,

Dr E. Moore
CLINICAL ASSISTANT

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REVIEW

13/4/94

Hant missed so much school

A few tummy bugs. Generally >
Knee > → prone to diarrhoea

1/2 after tuberculosis had tummy.

? perspired a little more after powder
was a bit spotty at the time? significance.

Sore times. Back aches & legs.

Ⓚ Ⓛ.

Slow speech. Downcast eyes.

Can't bear to lie on the mattress.

Spine sore if lying on mattress.

Sleeps back or Ⓚ side.

7th cold. Always more clothes than rest of family.

Sore throats swelling: prone to diarrhoea

Perspires a little.

Headaches all the time. Aches: occiput.

? a bit more facial.

bruises fairly easily.

REVIEW



<https://youtu.be/ApadLhfxGZk>





West Glasgow Hospitals University NHS Trust

Incorporating the Western Infirmary, Gartnavel General Hospital,
Drumchapel Hospital, Glasgow Eye Infirmary & The Glasgow Homoeopathic Hospital

Our ref : RM/IB.

Your ref :

DATE OF DICTATION:- 18TH APRIL 1994.
Please reply to : DATE OF TYPING:- 9TH MAY 1994.

Glasgow Homoeopathic Hospital
1000 Great Western Road
Glasgow G12 OAA
Direct Line :
Fax No. :

APOLOGIES FOR DELAY IN SENDING.

Dr. Cumming.
The Health Centre,
KILLEARN.
G63 9NA.

Dear Dr. Cumming,

PATIENT NAME:- FRASER Cxxxxxxxx. DoB:- 14.0x.xxxx. HOSPT. NO:- G115.
ADDRESS:- x xxxxxxxxxxx xx, KILLEARN. G63 xxx.

I reviewed this boy at the Homoeopathic Out Patient Clinic today on Dr. Moore's behalf.

There has been a slight improvement following the first treatment. His musculoskeletal pain has diminished and there was some increase in his general function.

However he remains very slow and flat in his responses. There is also some abdominal distention and a tendency to diarrhoea. On the basis of his disturbed physiological pattern treatment has been started with homoeopathic xxxxxxx in three stat doses, and xxxxx xxxx 12c and 30c.

Fraser is the 8th patient that I have seen recently who has experienced severe post viral fatigue, following a period of treatment on inhaled/insufflated steroids. There is a possibility that these materials suppress the mucosal immunity, giving rise to a very severe viraemia, with even simple viruses. I realise that the reduction in inhaled steroids is associated with an increased risk of severe asthma. This however must be balanced against the patients on going general impairment at all levels. If you feel that it would be appropriate. I would be grateful if you would supervise a reduction in his inhaled steroids, while we attempt to affect a change with the Homoeopathic regime.

Cont/.....

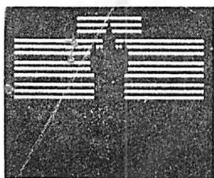
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Please reply to :

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Glasgow Homoeopathic Hospital
1000 Great Western Road
Glasgow G12 0AA
Direct Line :
Fax No. :

A review appointment has been arranged for six weeks.

With kind regards

Yours sincerely

R. MALCOLM.
LOCUM CONSULTANT &
LECTURER IN MEDICAL HOMOEOPATHY

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REVIEW

27/6/94

Swollen stomach. Distended at times.

Eating fruit. Swollen. Under face puffy.

Cortisol caused sickness: still swollen.

Cale-p.: funny > 3-4/1 latter

More energy. Mood more like old self.

No catarrh. Some spots on face (< since Cale-p)

Fingers peeling

G.P. thinks bowel loaded.

Teeth 'fine'.

D:- clothes. fruit.

A: doesn't eat meat. salt,

No sneezing.

Tight clothing tender

Had been faecal soiling.

No fevers.

Headaches: all the time :-

No sensitive to light. ? a little sensitive

to noise. Rash, fat, moon faced

12/30/2001

working more at school.

Receiving 2 brother

Showing morning.

Tired at 4pm.

> with rest.

Tactum.

Chilly.

REVIEW



<https://youtu.be/mpj--i7FWo8>



REVIEW

1/8/94

Much better.

Improved a lot.

Incredible. Eruption all over face
and a lot of catarrh for the first time in
a year. Abdominal swelling 1/2.

Energy better. Drove to Leighton & swimming
pool at camp.

Becoming much more like himself.

Still a bit tired. Now a short rest
rejuvenates.

Headaches: back & legs
feels reasonably comfortable switched on.

Quicker at computer games.

Energy :- 5/10.

Mood variable. Getting on better & brother.

Still a bit fed up at times.

Has lost 1/2 stone but appetite good.

Boncles working ok.

Mother thinks looks thinner & fatter.

No Rx.

REVIEW



<https://youtu.be/yhsqONTrc7I>



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