



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

CONFIDENTIAL

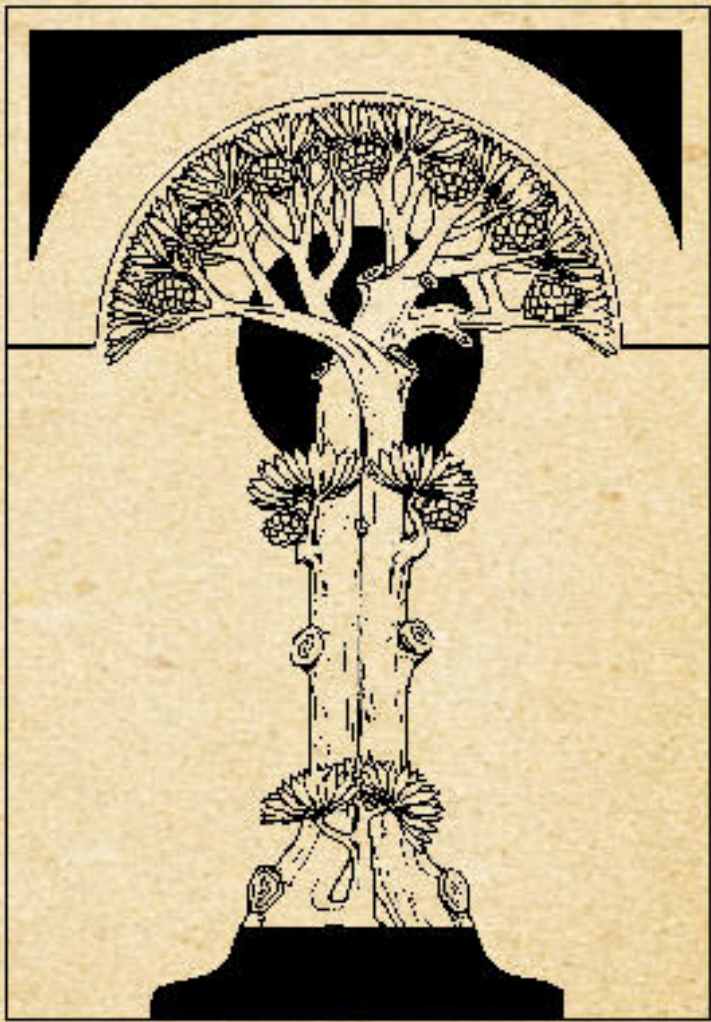
Name: Alex P.

Study Case No 2.11

CLINICAL TEACHING CASE No 2.11

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.

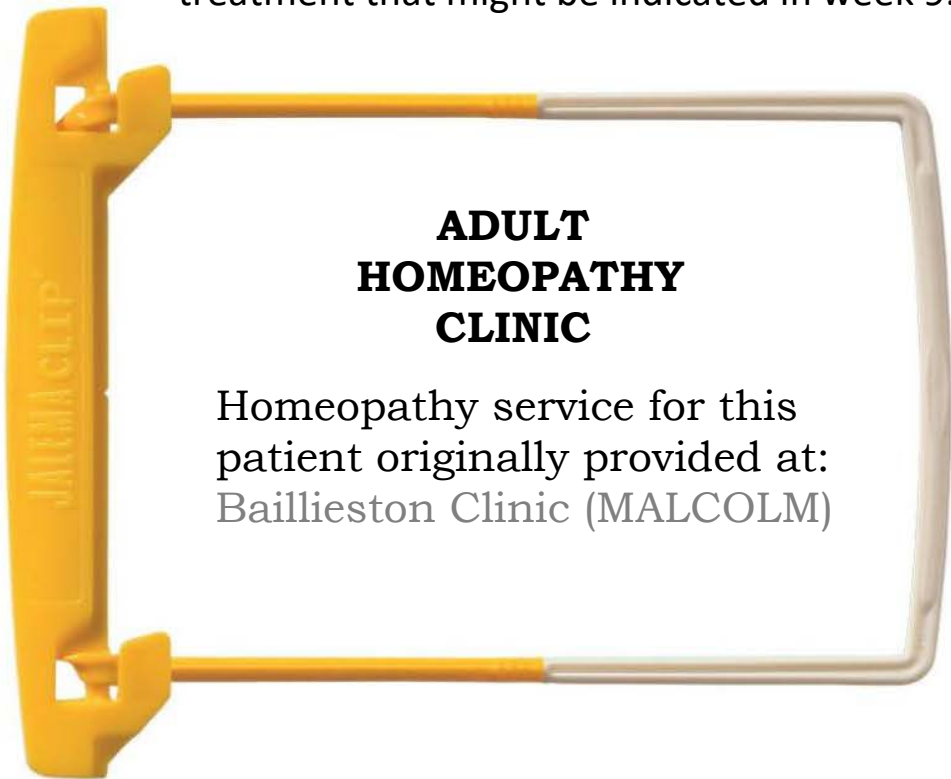


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Name: ALEX P.. **Age at First Consultation** 31 yrs **Presenting Complaint / Principal diagnosis:** Cervical spine injury, headache, pain

INSTRUCTIONS FOR LEARNERS:

Read [the first consultation](#) notes for this case in week 8 and view the first review video fragment. Undertake an analysis of symptoms prior to the discussion tutorial. Read the outcome notes and consider any further treatment that might be indicated in week 9.



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

INDEX

- Referral / Correspondence
- GP LETTER Case Recording Sheets
- Original Written Notes (First Consultation)
- Investigation Reports(empty)
- Repertoristions & Searches (empty)
- Clinical Audit / Outcome Reports (empty)
- Clinical Photographs / Images
- Miscellaneous (empty)

FIRST CONSULTATION

Name:/ Age:
Read through the entire first consultation on this page and the next, using the transcribed notes. Consider the treatment, before reading the reviews. View the third review on video and analyse for a better remedy.
Complaint:

History of Present Illness:



Only a short fragment of the first consultation is available on video. Look carefully at the case records on this page and the next. Get an impression of the patient from the video extract, then analyse and prescribe.

Personal:

Menstrual History:

Family History:

Examination:

FIRST CONSULTATION

DR BRUCE SHETTLSTON. B7813.

Name Mr. ALEX. P
Address 170. WH GLASGOW
Complaint
History of Present Illness

D.O.B. 23-6- Sex M Occ. Date 23-1-

lost his job as a result of an accident. neck: threw in sideways. security guard. # details at OPD and not confirmed by orthopods. Dr. Druswood identified nerve root damage:- R nerve made tablets (L) 4th + 5th finger

Previously: Has a Nefopam jabby Colofac. feeling under the skin. Lasix. He hit the nerve last year in the car. Lawyer sent him to Dr. Mikesjee. Physiotherapy co-ordinated.

Personal
Menstrual History
Family History 1 daughter - epileptic - reasonably well.
Examination

FIRST CONSULTATION

See below

? night person

HOMOEOPATHIC SYMPTOMS

Generals

Heat :- bad getting up in the morning

Time :- morning

Stomach :- Shuffling back + moving head

Appetite :-

Aversions :- fruit, salt

Desires :-

Sleep :- doesn't sleep well

Takes Nefpam at night

Particulars :- of headaches back - radiates to front

Head :- has to lie down

Eye :- No sensitivities

Ear :- wears hearing spec.

Nose :- No catarrh

Throat :-

Face :-

Mouth :-

Respiratory :-

Chilly

Cold :-

Weather :-

Cold

aching

Sweat

extends across

shoulders +

back

Disordered

Thirst :-

coffee x 4/5 day

Used to eat a lot of curries

Stomach

Abdomen

Bowels

Genito-urinary

Back

Extremities

Skin

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

Neck

MENTALS

Clears throat

Gets depressed : takes it out on child?

Temper has got worse

Cabbie in the morning

Generally keeps feelings to himself

39/200/1

SL & BD

FIRST CONSULTATION

HOMOEOPATHIC SYMPTOMS

GENERALS

Heat:

Cold:

Perspiration:

Time:

Weather:

STOMACH

Appetite:

Disordered:

Aversions:

Thirst:

Desires:

SLEEP

PARTICULARS

Head

Stomach

Eye

Abdomen

Ear

Bowel

Nose

Genito-urinary

Throat

Back

Respiratory

Extremities

Skin

MIND

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

INDEX

CORRESPONDENCE

NOTES

REPORTS

OTHER

REVIEW

Mr Alex P.
 Address 170 W
 Glasgow

Case No. B 7813

27/2/

Still getting headaches

Was getting chest pains over past 2/82

No reaction to powders.

On Lorazepam and amphetamine. Activated

Mood: 'crahnit' least thing shouting at daughter

Headaches feel as though being hit a back
 of the head

30/2/82

26/3/

Been getting pain in chest down @ arm

and numbness in feet. Remains stressed

daughter getting to him. Not doing as she
 is told.

They were saying I had P.M. When saying nothing have
 anger + reserved in public but shouting + it have
 hands restless. Upper chest cramps? Shouting at daughter
 and wife: sounded stressed + indignant on phone.
 No active productive job but wife working.

% numbness in @ arm. Weird feeling as though leg
 going numb. As if leg will go into cramp but doesn't go
 into cramp. Used to get tense muscles in neck

Using refoam. Feels he needs to pass stool or wind
 can help.

30/2/82

REVIEW


<https://youtu.be/BxJ2EnAMf6A>

REVIEW

23/4/

Swollen not too bad.

Twinge, pain > . Headache since last Thursday
using Nefpam. (L) shoulder still a bit sore.

Seems significantly better = mood. Still
getting weird feeling in (L) side of face.

Feels jabbing (L) side of face. That has
been there ever since Dr Brown hit the
nerve with a needle.

Mood is a bit better.

Feels he has relaxed a bit.

SL = R.D.

REVIEW

Sagittal Cx spine - Alex P.

