



GREATER GLASGOW HEALTH BOARD
WESTERN INFIRMARY / GARTNAVEL GENERAL HOSPITAL UNIT

CLINICAL TEACHING CASE STUDY

**ADULT
HOMEOPATHY
CLINIC**

CONFIDENTIAL

Name: Lucia McM

Illustrative Case No. 4.1

CLINICAL TEACHING CASE No 4.1

PAPER CASE

Respect Patient Confidentiality

Discussion or disclosure is not permitted, except within your training group.



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PAPER CASE

Name: **Lucia McM.** Presenting Complaint / Principal diagnosis:
Age at First Consultation 55 Chronic Headaches

INSTRUCTIONS FOR LEARNERS

This is a predominantly a paper case (There is no first consultation video for this patient).
Read through the notes for the first consultation in week: 1.
Repertorise the case and list a set of differential remedies in your response form. Select a prescription for the case and provide reasons for your choice. Look at the review notes and watch the short review video clip so that you can discuss the outcomes at tutorial.



After you have added your own notes to this interactive pdf file, be sure to save it to your computer. Once the case review for this patient has been concluded, save the final copy to your training portfolio.

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- Referral / Correspondence
- Case Note extract
- Original Written Notes

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CORRESPONDENCE

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FRI 5TH FEB 1980

M168

Hospital use Only	Clinic	Day Date	Time	Hospital No.	GPFH112B
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REQUEST FOR OUT-PATIENT CONSULTATION
THE INFORMATION IN THIS SECTION MUST BE COMPLETED

Ambulance Transport Required: Yes/No Sitting/Stretcher

Appointment Category: Routine ☐ Soon ☐ Urgent ☐

Hospital MR MALCOLM Date 18/1/80 CHI No. 11105105069

Please arrange for this patient to attend the HOMEOPATHY clinic of Dr/Mr

Patient's Surname MACM Maiden Surname

First Names LUCIA Single/Married/Widowed/Other

Address 10 M JERR Date of Birth 11/10/1

CHAPELHALL 01236 Patient's Occupation

Postal Code Contact telephone number 609128 HB of residence

Has the patient attended hospital before? YES/NO If "YES" please state:

Name of Hospital

Year of Attendance Hospital No.

If the patient's name and/or address has/have changed since then please give details:

Can patient attend at short notice? YES/NO

If YES, minimum notice required days

<p>G.P. FUNDHOLDER</p> <p>GP's Code Practice Code</p> <p>Contract Number <u>609128</u></p>	<p>Name, Address and Telephone number of MEDICAL/DENTAL PRACTITIONER</p> <p>Drs. MacINNES, McLAUGHLIN, BROUGH, ANGUS, MITCHELL 30 LAUCHOPE STREET CHAPELHALL, AIRDRIE ML6 8SR Tel. 01236 762144 Fax 01236 765411</p> <p>Please use rubber stamp</p>
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I would be grateful for your (1) diagnosis and advice on ☐ (2) diagnosis and treatment of ☐ the above named patient. A brief outline of history, symptoms and signs is given below:

Dear Mr Malcolm

Thank you for seeing this very sensible lady of 55 who has had recurring tension headaches for many years. These have been extensively investigated. She currently takes Sanomigran, and Co-dydramol. She wishes to cut down on the number of tablets she takes as she is also on Tenoretic, Salazopyrin and HRT.

She wonders if there is a homeopathic remedy to help her headaches. I would appreciate you seeing her.

Yours sincerely

M McLaughlin
M McLaughlin

Diagnosis/provisional diagnosis:

Present drug treatment and potential special hazards:

X-ray (women of childbearing age). Date of first day of L.M.P.

Relevant X-rays available from: No. (if known)

..... Signature

FIRST CONSULTATION

Summary Casenote

Patient name / id



FIRST CONSULTATION

Continuation sheet

Patient name / id.

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FIRST CONSULTATION

M168

Name LUCIA MCM

11-10-
D.O.B.

Sex

Occ. F

Date 5/2/

Address 10 MICHAEL TERR

Complaint CHAPELHALL

History of Present Illness

01236 609128

Can't remember
not having them
Was under stress as
a child: had to
look after + brother
was v. difficult
father died when she
was 7. Mother always
ill.

Headaches

frontal. Make eyes feel heavy.
Migraine (R. & L). Slight sinus
problems.
all her life
Headaches every day > quite
Migraine once a fortnight
Using Sumatriptan
+ Codeine

Also on (Feverfew)

Kalmus for sleep, migraine.
These help headaches

Previous Illnesses :-

Hypertension 10 yrs ago.

Endometriosis

heavy bleeding +
severe cramps (45)

Nervous breakdown 20 yrs ago

Nursed in until she died. She was v. dominant
Nervous + tension: she was difficult to handle.

Bronchitis 5 years past. Health > since status ast.

Menstrual History

Family History :-

Examination

Used to get
diagnosed at onset of M.C.

GRH
JMC/913052

FIRST CONSULTATION

Sun or in small doses. Sun < headache.
doesn't cause.

Salt

HOMOEOPATHIC SYMPTOMS

Generals

Heat :- More heat sensitive

Time :- Not good in am

Stomach :- Midday

Appetite :-

Aversions :- Salt

Desires :- Like spicy, chicken, fish, meat, salads, (fruit)

Sleep :- Not sleeping well: difficulty

Particulars

Head

Eye

Ear

Nose

Throat

Face

Mouth

Respiratory

Abdomen

Bowels

Genito-urinary

Back

Extremities

Skin

Stomach

Abdomen

Bowels

Genito-urinary

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Abdomen

FIRST REVIEW



FIRST REVIEW

1/3

Was quite bad in first week

Sneezing + nose running.

Terrible feeling of inflammation in head
+ sinuses. Head felt sore to touch
Lasted for a week + had diarrhoea
which lasted for 4-5 days.

Headaches are much better.

G.P. gave Ibuprofen. Now takes it 30
times a day when a Cough and headaches
never leave her completely.

Not nearly so tired. Generally feeling
much better.

Normally has migraine every fortnight.

Headaches used to be continuous whole day
every day for years.

In last 51, worse than ever.

Used to get sinus problems.

Severe inflammation. (R) = (L).

Quite dense but quite cheerful.

When she takes less they can be quite
bad. Never ends.

Lives people. One pile bleeds every so often
Relief from headaches is new day. Now away
to gradually reduce sinusitis.

SECOND & THIRD REVIEWS



https://youtu.be/_TGI9s02aEo



5/4/

Still has to take ibuprofen. Headaches remain improved. Has cut down Sausurgran. No new problems. Had a cold recently. Some heartburn recently, has avoided alcohol and heartburn is not so bad this week. Mood is fine 1/2 ago took Motipress for "depression".

Has family problems. Daughter off-loads. Takes a lot to make her cry. Can flare up + shout it worries her. Not happy with herself. Not much self confidence. Always heavy. Teased when she was young. Always at people's beck + call. Seeks affection?

Gets tense among church friends crowd. Headaches the next day. Used to be strong + dominant. Worried about her own image. Not good in large crowds. Sometimes needs feels need to escape from crowded church gatherings. Better in smaller groups. Knits a lot. Buys wool + mends patterns..

17/5/

Has reduced Sausurgran. One migraine for 2 1/2. Still taking Ibuprofen for headaches. Feels better. Having problems with piles but bowel more regular. Has IBS. Takes Salazopyrine. Stool more regular + more natural. Haemorrhoid is bleeding. Had some sinus reaction after S/L pill.